



**Schedule** Sept. 30 & Oct. 1 Oct. 7, 8, 14, 15 Oct. 21, 22, 28, 29, 30, 31 Hours

Friday 7 pm - 10:30 pm Saturday - Sunday 7 pm - 11:30 pm Monday Oct. 31 7 pm – 10:30 pm

Visit scaryprairiepines.com for ticket information or call 316-303-2307





facebook.com/WichitaParkandRec

### **FACILITY RENTALS**

Don't Wait! Reserve a City facility for your next birthday party, meeting, wedding, reception or sports practice.

- Recreation Centers
- Enclosed Shelters
- O. J. Watson Park
- Botanica (alcohol permitted)
- Open Picnic Shelters
- CityArts (alcohol permitted)
- Most facilities offer the following:

• Full Kitchen Amenities • Tables and Chairs • Building Attendant

Must make reservations in advance. Call for details. Wichita Park & Recreation: 268-4361 Botanica: 264-0448 CityArts: 462-2787



## Watch Cable Channel 7 BEHIND BADGE

Wichita **Police** Department show

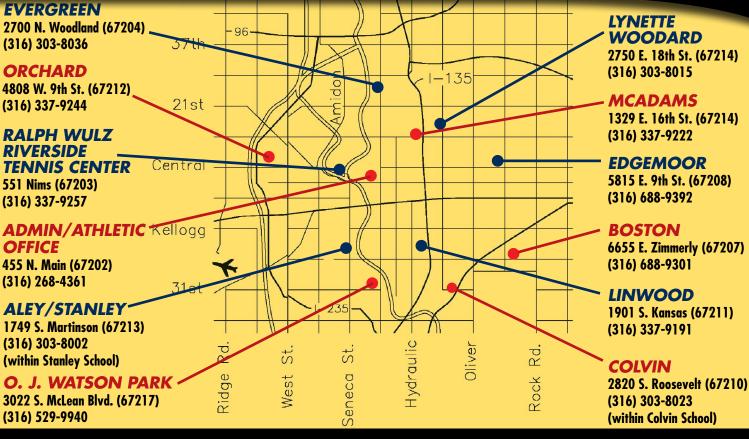


**Wichita Fire** Department

**City of Wichita** newscasts



### RECREATION CENTERS & REGISTRATION



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### **3 EASY WAYS TO REGISTER FOR FALL 2011**



#### Mail-In

Mail registration form (found on page 4) along with a check to the facility you will attend.



#### Phone-In

Call the facility you will attend. Visa or Mastercard credit/debit card phone payments only.



### Walk-In

Drop off registration form along with cash, check or a credit card payment. Call for office hours.

Wichita Park & Rec. & CityArts brings you one easy way to find City health, fitness, specialty and arts classes for all ages.





#### **IMPORTANT REMINDERS**

- Registration for Fall 1 & 2 begins August 1.
  - Classes for Fall 1 begins Aug. 15. Fall 2 begins Oct. 17 (unless otherwise noted).
  - No classes Sept. 5, Nov. 11, 24 & 25.
  - Separate registration required for participants with different addresses.
  - Registration confirmations are not sent. Keep a record of dates and times of classes.
- Register early to avoid cancellations due to low enrollment.
- Contact the recreation center to verify class is taking place before purchasing supplies.

- LATE REGISTRATION • Late registration allowed if space exists and it doesn't impact the learning process.
- Classes will be pro-rated after the second week.
- Take an individual fitness class any time for \$4 if space is available.

#### **CLASSROOM POLICY**

Home Phone

- Parents are not allowed in the classroom during the Youth/Tots classes.
- Parents are not allowed to bring their children to adult classes.

#### **CANCELLATION POLICY**

- Participants will be notified of class cancellations.
- Class transfers are subject to space
- If a class is cancelled an effort will be made to schedule a make-up session.
- Participants may withdraw without penalty if request is received 2 days prior to first class.
- Please notify Wichita Park & Rec. immediately of cancellations so wait list may be utilized.

#### **REFUND POLICY**

Work Phone

- Full refunds will be made if cancellation is made by Wichita Park & Recreation.
- No refunds for classes missed by a student.
- Allow 2-3 weeks to receive refund.
- Partial refunds will be granted for cancellations:

80% refund after the first class 50% refund after the second class No refund after the third class

### **FALL REGISTRATION FORM See page 3 for Registration Options**

Please check here if your address has changed within the last 12 months.

Parent/Guardian Names (if enrolling a child)

	Office	Use Only	
CA	CK	MC	VS
Date	Received:		

Emai	l							
	Fall 1 or 2	Location	Class Name	Day	Time	Participant Name	Birth Date	Fee

Cell Phone

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neil	) Wichila Park and nec. De	iter serve you by in	idicating now you	u nearu about the ran zo i i	Activities duide.

☐ Magazine insert in Wichita Eagl	e 🗌 Referral	☐ TV commerci	al 🔲 Radio commercial	
☐ Previously attended classes	☐ Wichita.gov	☐ Facebook	□Other	

The City of Wichita prohibits discrimination on the basis of race, ethnicity, national origin, sex, religion, age, sexual orientation, or disability in its services, programs and activities. Anyone who believes he or she has been discriminated against may file a complaint with the City of Wichita Equal Affirmative Action Administrator in the Personnel Division at 268-4351. The City of Wichita does not carry accident insurance to cover participants. Involvement in any activity is done at the participant's own risk.

### FITNESS CENTERS

#### **EVERGREEN**

Supervised weight room facility with Paramount fitness equipment including free weights, heavy bag and various exercise machines for maintaining or improving muscle mass, strength and toning.

M-F 9:00 a-7:00 p & Sat.11:00 a-1:00 p \$2 per visit or \$27 for 10 weeks

#### LYNETTE WOODARD

Supervised weight room facility with free weights, various exercise machines for maintaining or improving muscles mass, strength and toning.

M-Th 3:00 p-6:00 p & Fri 3:00 p-5:00 p Hours: \$2 per visit or \$27 for 10 weeks

#### **ORCHARD**

This newly renovated fitness center has 14 cardio machines, cardio theater and a brand new weights area. Lockers available. One free personal trainer consultation is available with purchase of a membership. A personal fitness trainer is also available for private, couple and group sessions.

M-F 8:00 a-8:00 p Hours: Fee: \$4 per visit Monthly: \$20 -Single Adult

\$35 - Family (2 adults, 2 kids same household)

\$15 - Seniors 55+

\$25 - Senior Family (2 seniors same household)

\$15 -Youth (ages 13-17)

\$10 - Persons registered in additional Orchard classes

### FITNESS

#### **30-Minute Circuit**

Just 30 minutes to a whole new you! Build strength, endurance and balance while rotating through 8-10 stations.

Fall 1	Orchard	8wks	M/W	7:00 a-7:30 a	\$28
Fall 1	L. Woodard	5wks	M	6:00 p-6:30 p	\$9
Fall 1	Orchard	8wks	T/Th	12:15 p-12:45 p	\$28
Fall 2	Orchard	8wks	M/W	7:00 a-7:30 a	\$28
Fall 2	L. Woodard	5wks	M	6:00 p-6:30 p	\$15
Fall 2	Orchard	8wks	T/Th	12:15 p-12:45 p	\$28
	Fall 1 Fall 1 Fall 2 Fall 2	Fall 1 L. Woodard Fall 1 Orchard Fall 2 Orchard Fall 2 L. Woodard	Fall 1 L. Woodard 5wks Fall 1 Orchard 8wks Fall 2 Orchard 8wks Fall 2 L. Woodard 5wks	Fall 1 L. Woodard 5wks M Fall 1 Orchard 8wks T/Th Fall 2 Orchard 8wks M/W Fall 2 L. Woodard 5wks M	Fall 1       L. Woodard       5wks       M       6:00 p-6:30 p         Fall 1       Orchard       8wks       T/Th       12:15 p-12:45 p         Fall 2       Orchard       8wks       M/W       7:00 a-7:30 a         Fall 2       L. Woodard       5wks       M       6:00 p-6:30 p

#### Aerobics – Cardio Mix

Shake up your fitness routine with a mix of kickboxing, step, floor and boot camp exercises. You'll also work your abs and back to build strength and endurance. Cardio segments vary each class.

Ε	Fall 1	Boston	9wks	Tu	5:30 p-6:20 p	\$21
Ε	Fall 1	Edgemoor	8wks	M	10:00 a-10:50 a	\$19
Ε	Fall 1	Edgemoor	9wks	Th	5:30 p-6:20 p	\$21
Ε	Fall 1	Edgemoor	9wks	F	10:00 a-10:50 a	\$21
Ε	Fall 2	Boston	9wks	Tu	5:30 p-6:20 p	\$21
Ε	Fall 2	Edgemoor	9wks	M	10:00 a-10:50 a	\$21
Ε	Fall 2	Edgemoor	9wks	W	10:00 a-10:50 a	\$21
Ε	Fall 2	Edgemoor	8wks	Th	5:30 p-6:20 p	\$19
Ε	Fall 2	Edgemoor	7wks	F	10:00 a-10:50 a	\$16

#### **Aerobics-Low Impact**

Warm ups and easy to follow, low-impact floor aerobics make for a great cardiovascular workout.

Fall 1	McAdams	9wks	Sa	9:30 a-10:20 a	\$21
Fall 2	McAdams	9wks	Sa	9:30 a-10:20 a	\$21

#### **Aerobics - Step**

Tone up, burn calories and improve cardiovascular fitness using step platforms. First half of class features cardio work followed by strength training with weights and floor exercises.

Fall 1	Evergreen	8wks	M	6:15 p-7:05 p	\$19
Fall 1	Evergreen	9wks	W	6:15 p-7:05 p	\$21
Fall 1	Evergreen	9wks	W	10:00 a-10:45 a	\$20
Fall 1	Orchard	8.5wks	M/W	6:35 p-7:25 p	\$40
Fall 2	Evergreen	8wks	M	6:15 p-7:05 p	\$19
Fall 2	Evergreen	9wks	W	6:15 p-7:05 p	\$21
Fall 2	Evergreen	9wks	W	10:00 a-10:45 a	\$20
Fall 2	Orchard	8.5wks	M/W	6:35 p-7:25 p	\$40

#### **Arthritis Foundation Exercise Program**

Find pain relief through gentle exercise. Class designed for people with arthritis and related diseases. Practice a variety of exercises, endurancebuilding routines, relaxation techniques and receive health education.

Fall 1	L. Woodard	9wks	Th	3:00 p-4:00 p	\$21
Fall 1	McAdams	9wks	F	10:00 a-10:45 a	\$21
Fall 2	L. Woodard	9wks	Th	3:00 p-4:00 p	\$21
Fall 2	McAdams	9wks	F	10:00 a-10:45 a	\$21

#### **Boot Camp**

Build strength, endurance and cardio while getting ripped! This action packed military style workout for guys and gals will be held outdoors weather permitting. Indoor weight room will also be utilized. Monday, Wednesday, Saturday morning class is for early birds!

Ε	Fall 1	Orchard	8wks	M/W	6:00 a-6:45 a	\$40
Ε	Fall 1	Orchard	8wks	M/W	5:45 p-6:30 p	\$40
Ε	Fall 1	Orchard	8wks	Sat	7:00 a – 7:45 a	\$20
Ε	Fall 2	Orchard	8wks	M/W	6:00 a-6:45 a	\$40
Е	Fall 2	Orchard	8wks	M/W	5:45 p-6:30 p	\$40
Е	Fall 2	Orchard	8wks	Sat	7:00 a – 7:45 a	\$20







#### Cardio Kickboxing

Kick your cardio workout up a notch with this fun yet simple kickboxing class. Punches, kicks and light weights will help you feel the burn and see results.

Ε	Fall 1	Evergreen	8wks	M	7:00 p-7:50 p	\$19
Е	Fall 2	Evergreen	8wks	M	7:00 p-7:50 p	\$19

#### Core & Cardio

Improve your sports performance with plyometrics. Build power, speed and improve coordination and agility by performing jumping exercises. Strengthen your core through weight lifting and special drill training. Great for high school and college athletes!

I/A	Fall 1	Orchard	8wks	M/W	4:00 p-5:00 p	\$46
I/A	Fall 2	Orchard	8wks	M/W	4:00 p-5:00 p	\$46

#### **Core & More**

Work on that six pack! This class targets the upper and lower abdominals, obliques, transverse and back muscles which supply power and support the entire body.

Ε	Fall 1	Edgemoor	8wks	M	6:30 p-7:00 p	\$14
Ε	Fall 1	Evergreen	9wks	Tu	6:30 p-7:20 p	\$21
Ε	Fall 1	Evergreen	9wks	Th	6:30 p-7:20 p	\$21
Е	Fall 2	Evergreen	9wks	Tu	6:30 p-7:20 p	\$21
Е	Fall 2	Evergreen	9wks	Th	6:30 p-7:20 p	\$21

#### **Core Strength and Balance**

Orchard

Lose your spare tire! Improve balance and coordination through core strengthening drills. Eight week Orchard Fitness membership included. B Fall 1 Orchard 8wks 1:00 p-2:00 p \$56

8wks

#### **Dancercise**

B Fall 2

The ultimate dance based fitness program! Combine popular dances such as the Cha-Cha Slide and the Cupid Shuffle with cardio, stretching, strengthening and toning.

M/W

1:00 p-2:00 p

\$56

Ε	Fall 1	McAdams	8wks	M	9:15 a-10:00 a	\$19
Ε	Fall 1	L. Woodard	8wks	Tu	11:00 a-12:00 p	\$24
Ε	Fall 1	L. Woodard	8wks	Th	11:00 a-12:00 p	\$24
E	Fall 2	McAdams	8wks	M	9:15 a-10:00 a	\$19
E	Fall 2	L. Woodard	8wks	Tu	11:00 a-12:00 p	\$24
E	Fall 2	L. Woodard	8wks	Th	11:00 a-12:00 p	\$24

Enjoy a new fitness program designed just for you, but work out in a group setting for more motivation! The instructor will customize your workout and track your progress. Cardio machines and weights will be used. Eight week Orchard Fitness Center membership included.

• • •	or and a real coop control months of one production						
В	Fall 1	Orchard	8wks	T/Th	6:00 p - 7:00 p	\$56	
В	Fall 2	Orchard	8wks	T/Th	6:00 p - 7:00 p	\$56	

#### Instructor's Choice

Basic Step, Pilates, Sports Drills, Zumba, or Circuit Training....here's your chance to try a new class format. Each week the instructor will switch it up with a fun, new workout!

Ε	Fall 1	Edgemoor	9wks	Tu	11:00 a-11:50 a	\$2

#### **Personal Fitness Training**

Work one-on-one with an ACE Certified personal trainer at Orchard or Lynette Woodard to meet your personal fitness goals through diet and exercise. Appointment required. Couple and group sessions available. Call for fees.

### **Strength, Cardio and Toning Circuit**

Spice up your workout! This no-nonsense workout consists of 30-minute s of weight training and cardio exercises while rotating through stations, such as lunges, ball crunches, jump ropes, wall sits and much more.

Ε	Fall 1	L.Woodard	5wks	Th	5:15 p-6:00 p	\$12

#### Tai Chi

Find inner peace by practicing a series of gentle, flowing postures and movements to improve balance, coordination, and relieve stress. Wear loose, comfortable clothing.

Ε	Fall 1	Edgemoor	8.5wks	M/W	11:15 a-12:15 p	\$49
Ε	Fall 1	Linwood	9wks	Tu/Th	5:45 p-6:45 p	\$53
Е	Fall 2	Edgemoor	9wks	M/W	11:15 a-12:15 p	\$53
Е	Fall 2	Linwood	8.5wks	Tu/Th	5:45 p-6:45 p	\$49

#### **Total Body Workout**

Go from flab to fab! Features cardio and strength training with hand-held weights, bands, balls and your body resistance. Core work included.

Fall 1	Edgemoor	9wks	Tu	10:00 a-10:50 a	\$21
Fall 1	Edgemoor	9wks	Th	10:00 a-10:50 a	\$21
Fall 1	Evergreen	9wks	M	4:45 p-5:15 p	\$16
Fall 2	Edgemoor	9wks	Tu	11:40 a-12:30 p	\$21
Fall 2	Edgemoor	8wks	Th	10:00 a-10:50 p	\$19
Fall 2	Evergreen	9wks	M	4:45 p-5:15 p	\$16

#### **Walking Club**

Walk for free in a safe and climate controlled environment. Take advantage of the smooth surfaces in the recreation center gyms and walk on select days when no other programs are being held.

г	Tall 102	Edgomoor	Overles	МГ	11.00 - 1.00 -	Γκοο
Е	rdii I &Z	Edgemoor	9WKS	IVI-F	11:00 a-1:00 p	rree
Ε	Fall 1&2	Linwood	9wks	M/W/F	8:30 a-12:00 p	Free
Ε	Fall 1&2	L. Woodard	9wks	Tu	1:00 p-2:00 p	Free
Ε	Fall 1&2	Orchard	9wks	M	9:00 a-12:00 p	Free

#### **Women on Weights (WOW)**

Prepare to be WOWed during this workout for women only. Learn how to train correctly and effectively with workouts customized especially for you. Orchard includes membership to fitness center.

F	Fall 1	Evergreen	9wks	Tu	7:00 p-7:45 p	\$21
Ē	Fall 1	Evergreen	9wks	Th	7:00 p-7:45 p	\$21
Ε	Fall 1	Orchard	8wks	Sa	8:00 a-9:00 a	\$40
Ε	Fall 2	Evergreen	9wks	Tu	7:00 p-7:45 p	\$21
Ε	Fall 2	Evergreen	9wks	Th	7:00 p-7:45 p	\$21
Ε	Fall 2	Orchard	8wks	Sa	8:00 a-9:00 a	\$40

Learn basic, gentle stretching, breathing, mental focus and relaxation techniques to improve health and posture. Practice precision and alignment by holding poses. Props may be used. Personal floor mats encouraged.

noid	iing poses. P	rops may be	usea. Persona	ii iioor ma	ats encouraged.	
Е	Fall 1	Boston	8wks	M	9:00 a-10:10 a	\$24
Е	Fall 1	Boston	8wks	M	6:00 p-7:10 p	\$24
Ε	Fall 1	Boston	9wks	Tu	6:00 p-7:10 p	\$26
Е	Fall 1	Boston	9wks	W	9:00 a-10:10 a	\$26
Е	Fall 1	Boston	9wks	W	6:00 p-7:10 p	\$26
Е	Fall 1	Edgemoor	9wks	Tu	5:45 p-6:45 p	\$26
Ε	Fall 1	Edgemoor	9wks	Tu	7:00 p-8:00 p	\$26
Ε	Fall 1	Edgemoor	9wks	W	9:45 a-10:45 a	\$26
Ε	Fall 1	Edgemoor	9wks	Th	6:00 p-7:00 p	\$26
Ε	Fall 1	Evergreen	9wks	Tu	11:15 a-12:05 p	\$21
Ε	Fall 1	Evergreen	9wks	W	7:00 p-7:50 p	\$21
Ε	Fall 1	Evergreen	9wks	Sa	10:00 a-10:50 a	\$21
Ε	Fall 1	Linwood	8wks	Tu	6:30 p-7:30 p	\$24
Ε	Fall 1	L. Woodard	8wks	M	11:00 a-12:00 p	\$24
Ε	Fall 1	L. Woodard	8wks	M	5:30 p-6:30 p	\$24
E	Fall 2	Boston	9wks	M	9:00 a-10:10 a	\$26
E	Fall 2	Boston	9wks	M	6:00 p-7:10 p	\$26
E	Fall 2	Boston	9wks	Tu	6:00 p-7:10 p	\$26
E	Fall 2	Boston	9wks	W	9:00 a-10:10 a	\$26
E	Fall 2	Boston	9wks	W	6:00 p-7:10 p	\$26
E	Fall 2	Edgemoor	9wks	Tu	5:45 p-6:45 p	\$26
E	Fall 2	Edgemoor	9wks	Tu	7:00 p-8:00 p	\$26
E	Fall 2	Edgemoor	8wks	Th	6:00 p-7:00 p	\$24
E	Fall 2	Evergreen	9wks	Tu	11:15 a-12:05 p	\$21
E	Fall 2	Evergreen	9wks	W	7:00 p-7:50 p	\$21
E	Fall 2	Evergreen	9wks	Sa	10:00 a-10:50 a	\$21
E	Fall 2	Linwood	9wks	Tu	6:30 p-7:30 p	\$26
E	Fall 2	L. Woodard	8wks	M	11:00 a-12:00 p	\$24
E	Fall 2	L. Woodard	8wks	M	5:30 p-6:30 p	\$24

#### Yoga - Kripalu

Tune into your inner spirit and emotions while practicing postures that are held for long periods of time. Learn breathing, meditation and relaxation techniques. Auburn Hills Golf Course Club House, 443 South 135th Street West. Mail registrations to Orchard.

Ε	Fall 1	Auburn Hills 8	3 W	/ 6:00 p-7:0	00 p \$24
Ε	Fall 1	Orchard 8	B M	1 6:00 p-7:0	00 p \$24
Ε	Fall 1	Orchard 8	3 Tu	ı 1:00 p-2:0	00 p \$24
Ε	Fall 1	Orchard 8	3 Th	h 1:00 p-2:0	00 p \$24
Ε	Fall 1	Orchard 8	B Th	h 5:30 p-6:3	0 p \$24

#### Yoga - Kripalu (Continued)

Ε	Fall 2	Kiwanis	8	W	6:00 p-7:00 p	\$24
Ε	Fall 2	Orchard	8	M	6:00 p-7:00 p	\$24
Ε	Fall 2	Orchard	9	Tu	1:00 p-2:00 p	\$26
Ε	Fall 2	Orchard	8	Th	1:00 p-2:00 p	\$24
Ε	Fall 2	Orchard	8	Th	5:30 p-6:30 p	\$24

Join the hottest dance and fitness craze! Sculpt your body with simple Latin dance steps, interval and resistance training for a fun filled rhythmic

wor	kout.					
Ε	Fall 1	Aley	9wks	Th	6:30 p-7:30 p	\$26
Ε	Fall 1	Boston	9wks	M	6:00 p-7:00 p	\$26
Ε	Fall 1	Boston	9wks	Th	7:00 p-8:00 p	\$26
Ε	Fall 1	Colvin	7wks	Tu	4:45 p-5:45 p	\$21
Ε	Fall 1	Edgemoor	8wks	M	5:30 p-6:15 p	\$19
Ε	Fall 1	Edgemoor	9wks	Tu	5:30 p-6:15 p	\$21
Ε	Fall 1	Edgemoor	9wks	F	9:00 a-9:45 a	\$21
Ε	Fall 1	Edgemoor	9wks	M/W	9:00 a-9:45 a	\$40
Ε	Fall 1	Evergreen	8wks	M	10:00 a-10:45 a	\$19
Ε	Fall 1	Evergreen	9wks	Tu	6:00 p-6:45 p	\$21
Ε	Fall 1	Evergreen	9wks	Th	6:00 p-6:45 p	\$21
Ε	Fall 1	Evergreen	9wks	F	6:00 p-6:50 p	\$23
Ε	Fall 1	Evergreen	9wks	Sa	10:00 a-10:45 a	\$20
Ε	Fall 1	Linwood	8wks	M	6:45 p-7:45 p	\$24
Ε	Fall 1	Linwood	9wks	Tu	7:00 p-8:00 p	\$26
Ε	Fall 1	Linwood	9wks	Th	5:45 p-6:45 p	\$26
Ε	Fall 1	L.Woodard	8wks	Tu	6:15 p-7:15 p	\$24
Ε	Fall 1	L.Woodard	8wks	F	5:30 p-6:30 p	\$24
Ε	Fall 1	Orchard	8.5wks	M/W	5:45 p-6:30 p	\$40
E	Fall 2	Aley	8wks	Th	6:30 p-7:30 p	\$24
E	Fall 2	Boston	9wks	M	6:00 p-7:00 p	\$26
E	Fall 2	Boston	9wks	Th	7:00 p-8:00 p	\$26
E	Fall 2	Edgemoor	9wks	M	5:30 p-6:15 p	\$21
E	Fall 2	Edgemoor	7wks	F	9:00 a-9:45 a	\$16
E	Fall 2	Edgemoor	9wks	M/W	9:00 a-9:45 a	\$42
E	Fall 2	Edgemoor	9wks	Tu	5:30 p-6:15 p	\$21
E	Fall 2	Evergreen	8wks	M	10:00 a-10:45 a	\$21
E	Fall 2	Evergreen	9wks	Tu	6:00 p-6:45 p	\$21
E	Fall 2	Evergreen	9wks	Th	6:00 p-6:45 p	\$21
E	Fall 2	Evergreen	9wks	F	6:00 p-6:50 p	\$23
E	Fall 2	Evergreen	9wks	Sa	10:00 a-10:45 a	\$21
E	Fall 2	Linwood	9wks	M	6:45 p-7:45 p	\$26
E	Fall 2	Linwood	9wks	Tu	7:00 p-8:00 p	\$26
E	Fall 2	Linwood	8wks	Th	5:45 p-6:45 p	\$24
E	Fall 2	L.Woodard	8wks	Tu	6:15 p-7:15 p	\$24
E	Fall 2	L.Woodard	8wks	F	5:30 p-6:30 p	\$24
E	Fall 2	Orchard	8.5wks	M/W	5:45 p-6:30 p	\$40

NO CLASSES ON SEPT. 5, NOV. 11, 24 & 25 **FEES HAVE BEEN ADJUSTED** ACCORDINGLY





### **Zumba Party in the Park**

**Central Riverside Park 720 Nims** 

Saturday, Oct. 1 10:30am-Noon

Come join the Wichita Park & Recreation certified Zumba instructors for a **FREE** workout.

Just show up & be ready to party yourself into shape!

For more information, call 268-4361

## SPORTS

#### **Bass Fishing Seminar**

Take the guess work out of bass fishing! Learn to maximize each lake's potential, pinpoint when fish are active and get tips on how to hook 'em! No rods or reels needed! Lecture only.

F Fall 1 Watson Th 6:30 p-9:00 p \$10

#### **Basketball - Open Gym**

Self-officiated pick-up games. Discounted \$5 rate applies to the three-day a week program at Lynette Woodard. Ages 18+.

Ε	Fall 1&2	L.Woodard	8wks	M/Tu/W	1:00 p-3:00 p	\$2/visit
Ε	Fall 1&2	Orchard	9wks	M/W	1:00 p-3:00 p	\$2/visit
Ε	Fall 1&2	Evergreen	9wks	M	7:00 p-9:00 p	\$2/visit

#### **Boxing**

Go the distance as you jab and punch! Build muscle as you learn the basic fundamental stances, combinations and defensive techniques. No contact boxing.

В	Fall 1	Evergreen	8wks	Tu	6:00 p-7:00 p	\$24
В	Fall 1	L.Woodard	8wks	Th	6:00 p-7:00 p	\$24
В	Fall 2	Evergreen	8wks	Tu	6:00 p-7:00 p	\$24
В	Fall 2	L.Woodard	8wks	Th	6:00 p-7:00 p	\$24

#### **Chinese Internal Boxing**

Learn ancient Chinese martial arts. Includes boxing, kicking and self defense tactics. Must take Beginner's Chinese Boxing and receive instructor approval before taking the Intermediate class. A fun family class for ages 12+.

В	Fall 1	Linwood	8wks	M	7:00 p-8:15 p	\$28
1	Fall 1	Linwood	8wks	M	5:30 p-7:00 p	\$28
В	Fall 2	Linwood	7wks	M	7:00 p-8:15 p	\$25
I	Fall 2	Linwood	7wks	M	5:30 p-7:00 p	\$25

#### Sand Volleyball - Coed (Team)

Get a great workout while playing in the sand! Self-officiated. Register as a team for this 6-on-6 league. Beginner's League features recreational play. Intermediate teams should have proficient skills. T-shirts will be awarded to the team with the best record.

В	Fall 1	Watson	5wks	Tu	6:15 p-8:15 p	\$60				
	Fall 1	Watson	5wks	Tu	6:15 p-8:15 p	\$60				

#### **Tennis**

Love, set, match! Learn basic tennis fundamentals, rules and game strategies.

Fall 1	Edgemoor	4wks-8/8	M	6:30 p-7:30 p	\$20
Fall 1	Edgemoor	4wks-9/12	M	6:30 p-7:30 p	\$20
Fall 1	Evergreen	4wks-8/11	Th	7:00 p-8:00 p	\$20
Fall 1	Evergreen	4wks-9/15	Th	7:00 p-8:00 p	\$20
Fall 1	Linwood	4wks-8/9	Tu	7:00 p-8:00 p	\$20
Fall 1	Linwood	4wks-9/13	Tu	7:00 p-8:00 p	\$20
Fall 1	L.Woodard	4wks-8/11	Th	7:00 p-8:00 p	\$20
Fall 1	L.Woodard	4wks-9/15	Th	7:00 p-8:00 p	\$20
Fall 1	Orchard	4wks-8/9	Tu	7:00 p-8:00 p	\$20
Fall 1	Orchard	4wks-9/13	Tu	7:00 p-8:00 p	\$20
	Fall 1	Fall 1 Edgemoor Fall 1 Evergreen Fall 1 Evergreen Fall 1 Linwood Fall 1 Linwood Fall 1 L.Woodard Fall 1 L.Woodard Fall 1 Orchard	Fall 1         Edgemoor         4wks-9/12           Fall 1         Evergreen         4wks-8/11           Fall 1         Evergreen         4wks-9/15           Fall 1         Linwood         4wks-8/9           Fall 1         Linwood         4wks-9/13           Fall 1         L.Woodard         4wks-8/11           Fall 1         L.Woodard         4wks-8/9           Fall 1         Orchard         4wks-8/9	Fall 1 Edgemoor 4wks-9/12 M Fall 1 Evergreen 4wks-8/11 Th Fall 1 Evergreen 4wks-9/15 Th Fall 1 Linwood 4wks-8/9 Tu Fall 1 Linwood 4wks-9/13 Tu Fall 1 L.Woodard 4wks-8/11 Th Fall 1 L.Woodard 4wks-9/15 Th Fall 1 Orchard 4wks-8/9 Tu	Fall 1         Edgemoor         4wks-9/12         M         6:30 p-7:30 p           Fall 1         Evergreen         4wks-8/11         Th         7:00 p-8:00 p           Fall 1         Evergreen         4wks-9/15         Th         7:00 p-8:00 p           Fall 1         Linwood         4wks-8/9         Tu         7:00 p-8:00 p           Fall 1         Linwood         4wks-9/13         Tu         7:00 p-8:00 p           Fall 1         L.Woodard         4wks-8/11         Th         7:00 p-8:00 p           Fall 1         L.Woodard         4wks-9/15         Th         7:00 p-8:00 p           Fall 1         Orchard         4wks-8/9         Tu         7:00 p-8:00 p

#### **Volleyball - Coed (Individual)**

Self-officiated. Organized competitive program for adults and seniors. Must be proficient in basic skills

Ε	Fall 1	McAdams	10wks	Tu	10:00 a-12:00 p \$28				
E	Fall 2	McAdams	10wks	Tu	10:00 a-12:00 p \$28				

#### **Volleyball - Men's (Individual)**

Self-officiated. Beginner's League features recreational team play. Advanced session requires proficiency in all volleyball skills and court strategy (fast moving and extremely competitive).

I Fall 1&2 Evergreen 9wks Tu/Th 7:00 p-9:00 p \$3/visit

#### **Volleyball - Women's Competitive (Team)**

Self-officiated. The ultimate competitive women's league. Enroll by team, six members each. Must enroll at Evergreen only.

	Fall 1	Evergeen		W	8:00 p-10:00 p	\$108
Α	Fall 2	Evergeen	9wks	W	8:00 p-10:00 p	\$108

#### **Volleyball - Women's Intermediate (Individual)**

Self officiated. Organized competitive play. Players should be able to bump, set, and spike the ball.

l	Fall 1	L.Woodard	8wks	Sa	2:30 p- 3:30 p	\$20
I	Fall 2	L.Woodard	8wks	Sa	2:30 p- 3:30 p	\$20

### **SAVE YOUR GUIDE!**

**Register now for Fall 2 classes** starting in October. See page 22 for upcoming community events.

### **MARTIAL ARTS**

#### Judo

Block, kick and throw your way into sport judo! Learn safe falling techniques, grip escapes and the skills needed to enter judo competitions. Ages 13+.

В	Fall 1	McAdams	9wks	Sa	11:00 a-12:00 p	\$21
В	Fall 2	McAdams	9wks	Sa	11:00 a-12:00 p	\$21

#### Tae Kwon Do

Work your way up the martial arts ladder! Develop physical agility, self-discipline and respect for yourself and others. Belt advancement opportunities are available. A great family class, ages 6+.

Ε	Fall 1	Aley	8.5wks	M/W	6:15 p-7:15 p	\$49
В	Fall 1	Edgemoor	9wks	Tu/Th	6:15 p-7:15 p	\$52
1	Fall 1	Edgemoor	9wks	Tu/Th	7:15 p-8:15 p	\$52
Ε	Fall 1	Linwood	9wks	Tu/Th	7:00 p-8:00 p	\$52
Ε	Fall 1	McAdams	9wks	Tu/Th	7:00 p-8:00 p	\$52
Ε	Fall 1	Orchard	8.5wks	M/W	6:00 p-7:00 p	\$49
Ε	Fall 2	Aley	9wks	M/W	6:15 p-7:15 p	\$52
В	Fall 2	Edgemoor	8.5wks	Tu/Th	6:15 p-7:15 p	\$49
1	Fall 2	Edgemoor	8.5wks	Tu/Th	7:15 p-8:15 p	\$49
Е	Fall 2	Linwood	8.5wks	Tu/Th	7:00 p-8:00 p	\$49
Ε	Fall 2	McAdams	8.5wks	Tu/Th	7:00 p-8:00 p	\$49
Ε	Fall 2	Orchard	8.5wks	M/W	6:00 p-7:00 p	\$49

## EITY-WIDE ATHLETICS

#### **Adult Softball Leagues**

The Park and Recreation Athletics Division offers a variety of competitive and recreational leagues.

- Men's (competitive and recreational)
- Coed (competitive and recreational)
- Women's (recreational only)
- Church League (recreational only)

All game days are double headers. Games are played at the South Lakes complex as well as West Side Athletic Fields.

- Monday Friday games start at 6:30 pm
- Saturday games start at 5:00 pm
- Sunday's time options: 1-4 pm or 5-8 pm

Registration Begins: Currently in progress Registration Ends: August 11 Friday, August 26 League Play Begins: \$425 per team

To register please call 268-4361 or in person at: the Wichita Park

NO CLASSES ON SEPT. 5, NOV. 11, 24 & 25 FEES HAVE BEEN ADJUSTED ACCORDINGLY

### DANCE

#### **Ballroom Dance**

Spin your way onto the dance floor! Learn popular ballroom dances including East Coast Swing and the Fox Trot. Kiwanis, Edgemoor & Minisa also incorporate the Waltz and Merengue. Fee is per person; couples encouraged. Minisa Shelter building, 704 W. 13th St., mail registrations to Evergreen

В	Fall 1	Linwood	9wks	W	7:30 p-8:30 p	\$30
В	Fall 1	Kiwanis	9wks	W	7:00 p-8:00 p	\$30
В	Fall 2	Edgemoor	9wks	M	7:00 p-8:00 p	\$30
В	Fall 2	Minisa	9wks	W	7:00 p-8:00 p	\$30
В	Fall 2	Linwood	9wks	W	7:30 p-8:30 p	\$30

#### **Belly Dance**

Shimmy your way into shape as you isolate and work various body parts such as the shoulders, chest and stomach. Advanced class requires instructor approval.

~PI						
В	Fall 1	Linwood	9wks	W	6:00 p-7:00 p	\$33
1	Fall 1	Linwood	9wks	W	7:00 p-8:00 p	\$33
Α	Fall 1	Linwood	9wks	W	8:00 p-9:00 p	\$33
Α	Fall 1	Linwood	9wks	Th	7:00 p-8:00 p	\$33
В	Fall 2	Linwood	9wks	W	6:00 p-7:00 p	\$33
1	Fall 2	Linwood	9wks	W	7:00 p-8:00 p	\$33
Α	Fall 2	Linwood	9wks	W	8:00 p-9:00 p	\$33
Α	Fall 2	Linwood	8wks	Th	7:00 p-8:00 p	\$29

Feel the beat in this high energy folk dance class! Create audible rhythms with your feet. Bring clogging shoes. Kiwanis Shelter building, 5101 W. 2nd, mail registration to Orchard.

В	Fall 1	Kiwanis	8wks	M	6:00 p-7:00 p	\$27
В	Fall 2	Kiwanis	8wks	M	6:00 p-7:00 p	\$27

### Country 2-Step

Dance the night away while learning 2-step patterns to the most popular up-tempo country partner dances. Fee is per couple.

B Fall 1 Linwood 8wks Th 7:00 p-8:00 p	\$53
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#### **Country Cha Cha**

Grab your sweetie & hit the dance floor! Learn basic moves and turns set to country music songs. Fee is per couple.

B Fall 2 Linwood 7:00 p-8:00 p \$47

#### **Country Dance-Basics**

Kick up your heels! Learn to 2-Step, Triple-Step, Waltz and perform basic turns. Fee is per couple.

B Fall 1	Edgemoor	9wks	Th	6:45 p-8:00 p	\$49
B Fall 2	Edgemoor	8wks	Th	6:45 p-8:00 p	\$44





#### **Country Line Dance**

**ADULT** 

Get your boots a scootin! Learn the most popular dances such as the Tush Push, Twister, Hi-Tech and the Watermelon Crawl. Add new steps to favorite dances in the Intermediate class.

В	Fall 1	Aley	11wks	Tu	6:30 p-7:30 p	\$40
В	Fall 1	Linwood	11wks	W	6:30 p-7:30 p	\$40
В	Fall 1	Orchard	11wks	Th	6:30 p-7:30 p	\$40
I	Fall 1	Orchard	11wks	Th	7:45 p-8:45 p	\$40

#### **East Coast Swing Dance**

Couples put on your dancing shoes! Learn how to swing dance to country and old rock and roll songs. Fee is per couple.

В	Fall 2	Linwood	7wks	Th	8:00 p-9:00 p	\$47
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#### **Latin Dancing**

Spice up your moves while learning the Salsa, Mambo, Cha-Cha, Rumba, & Cumbia dance techniques. Couples encouraged.

В	Fall 1	Evergreen	5wks-9/15	Th	6:30 p-7:30 p	\$17
В	Fall 2	Evergreen	8wks	Th	6:30 p-7:30 p	\$27

#### **Line Dancing Mixer**

Show off your line dance skills at this one-time special event. Pre-registration is requested.

L Tall 2 Orchard 10/25 July 2.00 p 7.00 p	Е	Fall 2	Orchard	10/23	Sun	2:00 p-4:00 p	9
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### Night Club 2-Step

Learn basic timing and footwork to Country Western's most popular slow dance. Fee is per couple.

ı Fali i Liliwoou owks iii o.uu p-9.uu p 🤰		Fall 1	Linwood	8wks	Th	g 00:9-q 00:8	\$53
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### HOME IMPROVEMENT

#### **Interior Decorating**

Refresh your home with a whole new look! Get ideas on how to paint, design and arrange your rooms to reflect your style and your budget. E Fall 1&2 McAdams 8wks 1:00 p-3:00 p \$50 Su



#### TRANSFORM YOUR HOME

Follow the expert advice of the Accent Interiors Design Team during these one-day workshops.



#### **Color Me Fabulous**

Bust out of that beige rut and work that color wheel! Learn how to create color-coordination in your room

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Ε	Fall 1	Edgemoor	8/31	W	6:30 p-7:45 p	\$8

#### **Recipe for a Stunning Room**

Follow the Design Doctor's "how to guide" to create a stylish room that fits your taste! Learn the essential ingredients to a stunning home and how to spice it up with other decorating options.

Ε	Fall 1	Edgemoor	8/24	W	6:30 p-7:45 p	\$8
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#### **What Windows are Wearing**

Dress up your windows! Follow our check list for selecting the perfect window treatments for your home.

#### E Fall 1 Edgemoor 8/17 6:30 p-7:45 p \$8

#### **Curb Appeal &** Staging with Style Presented by J.P. Weigand

Make a great first impression inside and out! Learn simple, cost effective staging strategies that will attract home buyers and allow them to visualize living in your home. Class ends with a visit to a staged property.

Ε	Fall 1	Linwood	1 wk-9/22	Th	6:30 p-8:30 p	\$8
Ε	Fall 1	Edgemoor	1 wk-9/10	Sa	10:00 a-12:00 p	\$8

#### **DO-IT-YOURSELF**

These one-day workshops will help you to tackle that project on your own so you don't have to pay a costly service call. Presented by The Home Depot.



#### **Plumbing 101**

Embrace your inner plumber! Learn how to find and clear that clog, install new faucets and make other faucet, toilet and drain repairs to help keep your plumbing system working smoothly.

Ē	Fall 1	Edgemoor	1 wk-9/28	W	7:00 p-8:30 p	\$8
Ε	Fall 1	Evergreen	1 wk-10/15	Sa	10:00 a-11:30 a	\$8

Make Benjamin Franklin proud! Learn how to work with electrical wires to safely replace or install receptacles, switches, and light fixtures. You'll be amazed when you discover how easy it is to install ceiling fans.

Ε	Fall 1	Orchard	1 wk-9/13	Tu	7:00 p-8:30 p	\$8
Ε	Fall 1	Linwood	1 wk-10/1	Sa	10:00 a-11:30 a	\$8

#### **Wall Repair**

Got holes? We've got serious solutions! From small cracks to large holes, you'll learn how to perform that perfect patch! This hands-on workshop will give you the experience you need to get the job done!

VVIII	will give you the experience you need to get the job done:								
Ε	Fall 1	Linwood	1 wk-10/20	Th	7:00 p-8:30 p	\$8			
Ε	Fall 1	Orchard	1 wk-10/8	Sa	10:00 a-11:30 a	\$8			

### FINANCE

#### **Money Management**

Presented by Waddell & Reed, Inc.

Plan now for a rainy day! Take control of your financial future by prioritizing your saving and investment goals. Learn how to prepare for an emergency, retirement and your child's education. Workbook provided.

	Fall 1	Edgemoor		Tu	6:30 p-8:00 p	\$8
Ε	Fall 2	Edgemoor	10/18	Tu	6:30 p-8:00 p	\$8

#### **Personal Finance**

Get tips on budgeting and decision making strategies for stretching your income. Learn how much of your monthly income should be contributed to rent, mortgage, transportation, utilities and personal spending. Credit repair tips will also be taught.

E	Fall 1	L. Woodard	5wks	Tu	6:45 p-7:45 p	\$17
E	Fall 2	L. Woodard	5wks	Tu	6:45 p-7:45 p	\$17

### LANGUAGES

Must complete Level 1 prior to taking Level 2.

#### English as a Second Language

Develop your English skills. Practice common words, phrases and sentence structures in English. Boston class requires the textbook *English in* 10-Minutes a Day and is taught by a native Spanish speaker.

L1	Fall 1	Boston	4wks	M	6:00 p-7:30 p	\$2
L2	Fall 1	Boston	4wks-9/19	M	6:00 p-7:30 p	\$2
L1	Fall 1	Colvin	5wks	W	10:00 a-11:30 a	\$3
L2	Fall 1	Colvin	4wks-9/21	W	10:00 a-11:30 a	\$2
L1	Fall 1	Colvin	5wks	Tu/W	6:00 p-8:00 p	\$4
L2	Fall 1	Colvin	4wks-9/20	Tu/W	6:00 p-8:00 p	\$3
L1	Fall 2	Boston	4wks	M	6:00 p-7:30 p	\$2
L2	Fall 2	Boston	4wks-11/4	M	6:00 p-7:30 p	\$2
L1	Fall 2	Colvin	5wks	W	10:00 a-11:30 a	\$3.
L2	Fall 2	Colvin	4wks-11/23	W	10:00 a-11:30 a	\$2
L1	Fall 2	Colvin	5wks	Tu/W	6:00 p-8:00 p	\$4
L2	Fall 2	Colvin	4wks-11/22	Tu/W	6:00 p-8:00 p	\$3

### **Introduction to Spanish**

Boost your communication skills by learning a new language! Practice common words, phrases and sentence structures. Edgemoor requires the textbook Spanish in 10-Minutes a Day.

L1	Fall 1	Boston	4wks	Th	6:00 p-7:30 p	\$25
L2	Fall 1	Boston	4wks-9/22	Th	6:00 p-7:30 p	\$25
L1	Fall 1	Edgemoor	4wks-8/17	W	7:00 p-7:30 p	\$25
L2	Fall 1	Edgemoor	4wks-9/14	W	7:00 p-7:30 p	\$25
L1	Fall 1	Evergreen	4wks	M	10:00 a-11:30 a	\$25
L2	Fall 1	Evergreen	5wks-9/12	M	10:00 a-11:30 a	\$31
L1	Fall 1	Evergreen	4wks	Tu	6:30 p-8:00 p	\$25
L2	Fall 1	Evergreen	5wks-9/13	Tu	6:30 p-8:00 p	\$31
L1	Fall 1	Evergreen	5wks	Sa	12:00 p-1:30 p	\$31
L2	Fall 1	Evergreen	4wks-9/17	Sa	12:00 p-1:30 p	\$25
L1	Fall 1	L.Woodard	5wks	Th	6:00 p-7:00 p	\$23

#### **Introduction to Spanish (Continued)**

L1	Fall 2	Boston	4wks	Th	6:00 p-7:30 p	\$25
L2	Fall 2	Boston	4wks-11/17	Th	6:00 p-7:30 p	\$25
L1	Fall 2	Edgemoor	4wks-10/19	W	6:00 p-7:30 p	\$25
L2	Fall 2	Edgemoor	4wks-11/16	W	6:00 p-7:30 p	\$25
L1	Fall 2	Evergreen	4wks	M	10:00 a-11:30 a	\$25
L2	Fall 2	Evergreen	5wks-9/12	M	10:00 a-11:30 a	\$31
L1	Fall 2	Evergreen	4wks	Tu	6:30 p-8:00 p	\$25
L2	Fall 2	Evergreen	5wks-9/13	Tu	6:30 p-8:00 p	\$31
L1	Fall 2	Evergreen	5wks	Sa	12:00 p-1:30 p	\$31
L2	Fall 2	Evergreen	4wks-9/17	Sa	12:00 p-1:30 p	\$25

#### **Spanish - Intermediate**

A continuation of skills learned in the Introduction to Spanish course.

L1	Fall 1	Evergreen	4wks	Sa	10:30 a-12:00 p	\$25
L2	Fall 1	Evergreen	5wks-9/17	Sa	10:30 a-12:00 p	\$31
L1	Fall 2	Evergreen	4wks	Sa	10:30 a-12:00 p	\$25
L2	Fall 2	Evergreen	5wks-9/17	Sa	10:30 a-12:00 p	\$31

#### Spanish - Advanced

Must have completed both Intro to Spanish and Intermediate Spanish to enroll in this course.

L1	Fall 1	Evergreen	4wks	Sa	9:00 a-10:30 a	\$25
L2	Fall 1	Evergreen	5wks-9/17	Sa	9:00 a-10:30 a	\$31
L1	Fall 2	Evergreen	4wks	Sa	9:00 a-10:30 a	\$25
L2	Fall 2	Evergreen	5wks-9/17	Sa	9:00 a-10:30 a	\$31

## COOKING



#### **Hispanic Cooking**

Make mouth watering authentic dishes ranging from flour tacos to enchiladas. You'll leave your guests wanting more at your next fiesta! Food is supplied. Intermediate students must have taken the Beginner class.

3	Fall 1	Evergreen	5WKS	F	6:00 p-7:00 p	\$20
	Fall 1	Evergreen	5wks	W	6:30 p-7:30 p	\$20
3	Fall 2	Evergreen	5wks	F	6:00 p-7:00 p	\$20
	Fall 2	Evergreen	5wks	W	6:30 p-7:30 p	\$20





## SPECIAL SKILLS

#### **Crochet-Beyond the Basics**

This class will get you hooked! Designed for Intermediate students who know basic techniques and stitches. Learn four specialty stitches: shell, popcorn, cross and V-stitches. Bring a crochet hook and yarn to class.

Ì	Fall 1	Evergreen	4wks	M	6:15 p-7:15 p	\$16
1	Fall 2	Evergreen	4wks	M	6:15 p-7:15 p	\$16

#### **Flower Arrangement**

Create your own show stopping designs for your home, office or business. Students will receive a supply list the first class.

			,			
В	Fall 1	McAdams	8wks	Su	3:00 p-5:00 p	\$50
В	Fall 2	McAdams	8wks	Su	3:00 p-5:00 p	\$50

#### **Jewelry Making with Beads**

Bead dazzled! This is not your ordinary beading class. Class covers beading basics and wire work including handmade clasps and ear wires. Students provide 20-gauge copper wire and beads. Age 16+

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Е	Fall 1	McAdams	6wks	Su	3:00 p-5:00 p	\$40
Ε	Fall 2	McAdams	6wks	Su	3:00 p-5:00 p	\$40

#### **Scrapbooking**

Capture your photo memories in a fun and creative way through scrapbooking! Make friends while learning photo organization, product selection, album themes, design layout and other useful tips. Supply list provided the

Ε	Fall 1	L.Woodard	8wks	M	6:15 p-7:15 p	\$32
Ε	Fall 2	L.Woodard	8wks	M	6:15 p-7:15 p	\$32

#### Sewing

Save money and express your own style! Sewing machines provided and sew by hand. Learn to read patterns to make clothing, drapes and more. Supply list provided first class.

В	Fall 1	L. Woodard	8wks	Sa	12:00 p-2:00 p	\$50
В	Fall 1	McAdams	8wks	Sa	11:00 a-1:00 p	\$50
В	Fall 2	L. Woodard	8wks	Sa	12:00 p-2:00 p	\$50
В	Fall 2	McAdams	8wks	Sa	11:00 a-1:00 p	\$50

## PHOTOGRAPHY

#### **Digital Photography**

Beginning shutterbugs explore camera function, composition, editing, printing and archiving. Bring camera and memory card.

В	Fall 1	Orchard	5wks	Ťu	6:00 p-8:00 p	\$38
В	Fall 2	Orchard	5wks	Tu	6:00 p-8:00 p	\$38

#### **Digital Photography for the SLR user**

Take your photography to a new level! Class designed for cameras with removable lens. Study exposure, color, composition and more. Bring camera, camera manual and digital work examples.

Ε	Fall 1	Orchard	5wks	M	6:00 p – 8:00 p	\$38

#### **Digital Photography Indoor & Outdoor**

Improve your digital photo's by learning the steps necessary to transition between outdoor landscapes and indoor portraits. Topics will include settings, picture style, exposure, ISO, light balance and color of light. No class on 9/8 and 11/10

Ε	Fall 1	Edgemoor	5wks	Th	6:00 p-8:00 p	\$38
Ε	Fall 2	Edgemoor	4wks-10/20	Th	6:00 p-8:00 p	\$31

## **ENRICHMENT**

#### **Computer Basics**

Hit the keyboards to learn word processing, sending e-mails and web surfing Intermediate students tackle Eyeal and advanced applications

ıng.	ing. Intermediate students tackie excel and advanced applications.								
В	Fall 1	Aley	8wks	Tu	5:30 p-6:30 p	\$32			
В	Fall 1	Aley	8wks	Tu	6:30 p-7:30 p	\$32			
I	Fall 1	Aley	8wks	Th	5:30 p-6:30 p	\$32			
I	Fall 1	Aley	8wks	Th	6:30 p-7:30 p	\$32			
В	Fall 1	Colvin	8wks-8/23	Tu	10:00 a-11:00 a	\$32			
В	Fall 1	Colvin	8wks-8/24	W	5:30 p-6:30 p	\$32			
В	Fall 1	Evergreeen	8wks	M	6:00 p-7:00 p	\$32			
I	Fall 1	Evergreen	8wks	M	7:00 p-8:00 p	\$32			
В	Fall 2	Aley	8wks	Tu	5:30 p-6:30 p	\$32			
В	Fall 2	Aley	8wks	Tu	6:30 p-7:30 p	\$32			
I	Fall 2	Aley	8wks	Th	5:30 p-6:30 p	\$32			
I	Fall 2	Aley	8wks	Th	6:30 p-7:30 p	\$32			
В	Fall 2	Colvin	8wks-10/26	W	5:30 p-6:30 p	\$32			
В	Fall 2	Colvin	8wks-10/25	Tu	10:00 a-11:00 a	\$32			
I	Fall 2	Colvin	8wks-10/26	W	6:30 p-7:30 p	\$32			
В	Fall 2	Evergreeen	8wks	M	6:00 p-7:00 p	\$32			
1	Fall 2	Evergreen	8wks	M	7:00 p-8:00 p	\$32			

### **Internet & Email Safety**

Learn how to avoid scams and browse the internet safely. Laptops provided. Participants must have a current library card in good standing to access library Wi-Fi.

10/1 E Fall 1 Orchard 9:00 a-12:00 p \$15



### **Resume Workshop**

Dread updating or creating a resume? Learn how to put together a successful resume for today's environment using Word and take away a close to finished product. Participant must bring own flash drive.

В	Fall 1	Aley	10/11	Tu	5:30 p-7:30 p	\$12
В	Fall 1	Aley	10/13	Th	5:30 p-7:30 p	\$12
В	Fall 1	Colvin	8/17	W	5:30 p-7:30 p	\$12
В	Fall 1	Colvin	9/8	Th	10:00 a-12:00 p	\$12
В	Fall 1	Colvin	10/3	Th	10:00 a-12:00 p	\$12
В	Fall 2	Aley	12/13	Tu	5:30 p-7:30 p	\$12
В	Fall 2	Colvin	10/19	Th	5:30 p-7:30 p	\$12
В	Fall 2	Colvin	11/10	Th	10:00 a-12:00 p	\$12
В	Fall 2	Colvin	12/8	Th	10:00 a-12:00 p	\$12

### BEAUTY

#### **Get MesmerEYEzed**

All eyes on YOU! A professional make-up and wardrobe stylist will help you master the perfect smokey-eye and teach you expert techniques so your eye shadow corresponds with any look, Call Boston for required supply list.

	Fall 1	Boston	4wks-9/20		6:00 p-7:00 p	
E	Fall 2	Boston	4wks-11/22	Tu	6:00 p-7:00 p	\$16



### Make Up 101

Whether you have fair skin or dark skin or any shade in between, Make Up 101 will give you everything you need to achieve any look from the office to the dance floor. Call Boston for required supply list.

Ε	Fall 1	Boston	5wks	Tu	6:00 p-7:00 p	\$16
Ε	Fall 2	Boston	5wks	Tu	6:00 p-7:00 p	\$16

## **ART & MUSIC**

This class will be music to your ears! Pick up guitar basics including tuning, strumming chords, understanding guitar charts, tablature and reading music. Bring guitar. Families welcome! Ages 13+.

В	Fall 1	Aley	8wks	Tu	6:30 p-7:30 p	\$32
В	Fall 1	Aley	8wks	Tu	7:30 p-8:30 p	\$32
В	Fall 2	Aley	8wks	Tu	6:30 p-7:30 p	\$32
В	Fall 2	Aley	8wks	Tu	7:30 p-8:30 p	\$32

#### **Oil Painting**

Dream big as you choose your next project! Work one-on-one with the instructor to take your painting skills to the next level. Previous drawing experience required, previous acrylic painting experience preferred. Bring supplies.

В	Fall 1	Edgemoor	8wks	M	3:15 p-5:15 p	\$53
В	Fall 2	Edgemoor	9wks	M	3:15 p-5:15 p	\$60

#### **Portrait Drawing**

Give the gift of a portrait! Learn drawing and shading techniques to create a life-like image. Beginning materials provided. No experience necessary. 8wks 6:30 p-8:00 p \$33 Colvin

# **FITNESS**

### **Afternoon Recreation**

Game on! Play kickball, four square, basketball and other gym activities to develop fitness skills while making new friends.

Ε	Fall 1	L.Woodard	6wks	F	2:00 p-4:00 p	\$10

#### **Arthritis Foundation Exercise Program**

See Adult Fitness section on page 5 for details.

#### **Fitness Center Memberships-Seniors**

See Adult Fitness section on page 5 for details.

#### **Forever Fit**

It's never too late to get in shape! Join this low impact fitness class which promotes increased strength, range of movement, balance and flexibility with hand-held weights and elastic tubing with handles. A chair is used for seated and/or standing support.

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E	Fall 1	Edgemoor	9wks	Tu	9:00 a-9:50 a	\$21
Ε	Fall 1	Edgemoor	9wks	Th	9:00 a-9:50 a	\$21
E	Fall 2	Edgemoor	9wks	Tu	10:45 a-11:35 a	\$21
Е	Fall 2	Edgemoor	8wks	Th	9:00 a-9:50 a	\$19

#### **Pickleball**

Swing your way into this fun filled game combining ping pong, tennis and badminton! Play with wooden paddles and a perforated plastic baseball, similar to a whiffleball.

_	Fall 1 Fall 1	Linwood Orchard	9wks 9wks	Tu/Th Th	9:00 a-11:00 a 1:00 p-3:00 p	
Е	Fall 2	Linwood	8wks	Tu/Th	9:00 a-11:00 a	Free
E	Fall 2	Orchard	9wks	Th	1:00 p-3:00 p	Free

#### **Stretch and Tone for 50+**

Get energized! Stay active and improve your muscle tone and flexibility. Bring your own exercise mat.

Ε	Fall 1	Watson	6wks-8/15	M/F	9:30 a-10:20 a	\$25
Ε	Fall 2	Watson	6wks-11/4	M/F	9:30 a-10:20 a	\$25





#### Tai Chi

Reduce your stress! Perform low impact and gentle flowing movements while improving balance and body alignment. Suitable for all arthritis types and related conditions. Wear loose, comfortable clothing and soft soled shoes.

В	Fall 1	Orchard	9wks	Tu/Th	10:00 a-10:50 a	\$40
1	Fall 1	Orchard	9wks	Tu/Th	11:00 a-11:50 a	\$40
В	Fall 2	Orchard	9wks	Tu/Th	10:00 a-10:50 a	\$40
1	Fall 2	Orchard	9wks	Tu/Th	11:00 a-11:50 a	<b>\$</b> 40

#### Yoga

Can you say ohmmmm? You'll love this Yoga class which will move you through basic stretches and poses. Bring your own mat.

Ε	Fall 1	Watson	6wks-8/17	W	9:30 a-10:30 a	\$14
Е	Fall 2	Watson	6wks-11/2	W	9:30 a-10:30 a	\$14

### **GOLDEN AGE CLUB**

A sweet deal for seniors ages 55+! Enjoy your golden years with a \$2 annual membership. Make friends and take part in fun activities including dinners, dances, pitch, bridge and bingo. Dances are held from 7:00-9:30 pm and cost an additional \$2 to attend. Must be 55-years old or accompanied by a current member to attend the dances. Contact your neighborhood recreation center for details on club events. For Minisa, contact the Evergreen Recreation Center. The Evergreen dance is held at the Minisa Shelter Building the first Monday of every month.

CENTER	CLUB DAYS	DANCE
Boston	Wednesday	Wednesday
Evergreen	Monday	Monday
Linwood	Tuesday	Saturday
McAdams	Tuesday	None
Minisa	Thursday	Thursday
Orchard	Thursday	Friday
Osage	Monday @ Linwood	None

### **CARD GAMES**

#### **Bridge**

Bring your card skills to the table! Cards, score books, and coffee are provided. Bring your own snacks. Experienced players only.

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1	Fall 1&2	Edgemoor	9wks	Th	1:00 p-4:00 p	Fre

#### Pitch

Master your trick taking and bidding skills playing this exciting card game! Cards, score books and coffee are provided. Players are encouraged to bring snacks.

Ε	Fall 1&2	Edgemoor	9wks	F	2:00 p-4:00 p	Free
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### DANCE

#### **Dance & Cheerleading**

Show your spirit while learning jumps, cheers and stunts to help perfect your cheerleading skills. Ages 6-12.

C C	erreading six					
Ε	Fall 1	Aley	8wks	W	6:45 p-7:45 p	\$29
Ε	Fall 1	Evergreen	9wks	Sa	11:00 a-11:50 a	\$24
Ε	Fall 1	Evergreen	9wks	W	6:30 p-7:30 p	\$33
Ε	Fall 1	McAdams	9wks	W	7:00 p-7:50 p	\$24
Ε	Fall 1	Orchard	9wks	Th	6:30 p-7:15 p	\$24
Е	Fall 2	Aley	8wks	W	6:45 p-7:45 p	\$29
Е	Fall 2	Evergreen	9wks	Sa	11:00 a-11:50 a	\$24
Е	Fall 2	Evergreen	9wks	W	6:30 p-7:30 p	\$33
Е	Fall 2	McAdams	9wks	W	7:00 p-7:50 p	\$24
Ε	Fall 2	Orchard	8wks	Th	6:30 p-7:15 p	\$22

#### **Hip-Hop Dance**

Get your groove on! Learn the latest dance moves & routines. Emphasis on body placement, dance combinations, rhythms and having fun. Families welcome. Ages 9+.

Fall 1	Colvin	7wks	M	5:30 p- 6:30 p	\$26
Fall 1	Evergreen	8wks	Th	7:30 p-8:20 p	\$22
Fall 2	Colvin	8wks	M	5:30 p- 6:30 p	\$29
Fall 2	Evergreen	8wks	Th	7:30 p-8:20 p	\$22
	Fall 1 Fall 2	Fall 1 Evergreen Fall 2 Colvin	Fall 1 Evergreen 8wks Fall 2 Colvin 8wks	Fall 1 Evergreen 8wks Th Fall 2 Colvin 8wks M	Fall 1         Evergreen         8wks         Th         7:30 p-8:20 p           Fall 2         Colvin         8wks         M         5:30 p-6:30 p

### **FITNESS**

#### **Fit Club**

Check out this fun fitness class incorporating Wii active games. Perform drills, calisthenics, gym games and fitness center activities. A great way to get fit! Ages 6-12.

Ĕ	Fall 1	Orchard	8wks	T/Th	4:30 p-5:30 p	\$40
Е	Fall 2	Orchard	8wks	T/Th	4:30 p-5:30 p	\$40



### Fit and Fun

It's a fun workout for kids! Enjoy a variety of activities like jump roping, small weights, sit-ups, push-ups and much more. Ages 6-9

Ε	Fall 1	L.Woodard	5wks	Tu	5:00 p-5:50 p	\$17
Ε	Fall 1	L.Woodard	5wks	Th	6:00 p-6:50 p	\$17
Ε	Fall 2	L.Woodard	5wks	Tu	5:00 p-5:50 p	\$17
Ε	Fall 2	L.Woodard	5wks	Th	6:00 p-6:50 p	\$17

### **Gym Games**

Get active and join the fun! This is a chance to exercise while enjoying active gym sports. Play a different game each week. For 3-5 graders.

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E	Fall 2	Colvin	6wks	W	4:45 p-5:45 p	\$14

#### Little Lotus Yoga

Parents and kids playfully explore yoga postures through rhymes, songs, yoga games and stories! Kid yoga improves body awareness and control, fosters language and literacy development, promotes self esteem, increases listening skills, and improves impulse control. Ages 3-7.

Ε	Fall 1	Orchard	6wks	Th	6:35 p-7:35 p	\$35
Ε	Fall 2	Orchard	6wks	Th	6:35 p-7:35 p	\$35



It's a rockin, high-energy fitness party! Packed with kid-friendly routines and awesome music like hip-hop, reggaeton, cumbia, and more. Designed exclusively for kids. Ages 8-12.

Ε	Fall 1	Edgemoor	9wks	W	5:15 p-6:00 p	\$21
Е	Fall 2	Edgemoor	8wks	W	5:15 p-6:00 p	<b>\$19</b>

### **MARTIAL ARTS**

#### Juda

Block, kick and throw your way into sport judo! Learn safe falling techniques, grip escapes and the skills needed to enter judo competitions.

Ages 13+

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В	Fall 1	McAdams	9wks	Sa	11:00 a-12:00 p	\$21
В	Fall 2	McAdams	9wks	Sa	11:00 a-12:00 p	\$21

#### Tae Kwon Do

Start working towards your black belt! Develop physical agility, self-discipline and respect through martial arts training. Uniform required and may be purchased through the instructor. Ages 6+.

Ε	Fall 1	Aley	8.5wks	M/W	6:15 p-7:15 p	\$49
В	Fall 1	Edgemoor	9wks	Tu/Th	6:15 p-7:15 p	\$52
1	Fall 1	Edgemoor	9wks	Tu/Th	7:15 p-8:15 p	\$52
Ε	Fall 1	Linwood	9wks	Tu/Th	7:00 p-8:00 p	\$52
Ε	Fall 1	McAdams	9wks	Tu/Th	7:00 p-8:00 p	\$52
Ε	Fall 1	Orchard	8.5wks	M/W	6:00 p-7:00 p	\$49
E	Fall 2	Aley	9wks	M/W	6:15 p-7:15 p	\$52
В	Fall 2	Edgemoor	8.5wks	Tu/Th	6:15 p-7:15 p	\$49
	Fall 2	Edgemoor	8.5wks	Tu/Th	7:15 p-8:15 p	\$49
E	Fall 2	Linwood	8.5wks	Tu/Th	7:00 p-8:00 p	\$49
E	Fall 2	McAdams	8.5wks	Tu/Th	7:00 p-8:00 p	\$49
E	Fall 2	Orchard	8.5wks	M/W	6:00 p-7:00 p	\$49

### **SPORTS**

#### Archery

Learn archery fundamentals, shooting skills & safe conduct. Ages 8+.

E Fall 1 Aley 10wks M 6:15 p-7:45 p \$40

#### **Basketball Clinic**

Dribble, shoot and score! This clinic teaches fundamentals, rules and offensive/defensive strategies. Ages 6-10.

В	Fall 1	Edgemoor	3wks-8/15	M	4:30 p-5:15 p	\$9
В	Fall 1	Edgemoor	4wks-8/18	Th	4:30 p-5:15 p	\$12
В	Fall 1	Evergreen	5wks	Sa	11:00 a-12:00 p	\$17
В	Fall 1	L.Woodard	5wks	Sa	12:15 p-1:00 p	\$14
В	Fall 1	McAdams	5wks	M	5:00 p-6:00 p	\$16
В	Fall 1	McAdams	5wks	Tu	6:00 p-6:45 p	\$14
В	Fall 2	Edgemoor	4wks-10/17	M	4:30 p-5:15 p	\$12
В	Fall 2	Edgemoor	4wks-10/20	Th	4:30 p-5:15 p	\$12
В	Fall 2	Evergreen	5wks	Sa	11:00 a-12:00 p	\$17
В	Fall 2	L.Woodard	5wks	Sa	12:15 p-1:00 p	\$14
В	Fall 2	McAdams	5wks	M	5:00 p-6:00 p	\$16
В	Fall 2	McAdams	5wks	Tu	6:00 p-6:45 p	\$14



#### **Basketball Leagues**

Join this action packed league! Learn fundamentals such as dribbling, passing, and shooting. Boston 3-5th graders will play on Tuesdays, 6-8th graders on Thursdays and the High School League will play on Fridays. Clinics will be held the first two weeks followed by team play. Lynette Woodard is 3rd-5th grade only.

Fall 1	Boston	9wks	Tu	4:45 p-5:45 p	\$22
Fall 1	Boston	9wks	Th	4:45 p-5:45 p	\$22
Fall 1	Boston	9wks	F	4:45 p-5:45 p	\$22
Fall 1	L.Woodard	5wks	M/F	5:15 p-6:00 p	\$15
Fall 2	Boston	9wks	Tu	4:45 p-5:45 p	\$22
Fall 2	Boston	8wks	Th	4:45 p-5:45 p	\$19
Fall 2	Boston	8wks	F	4:45 p-5:45 p	\$19

#### Flag Football

Touchdown! Score big after learning football fundamentals. First week features instruction in rules and game strategies. Following weeks feature games. Fairmount Park, 3500 E. 15th Street North, mail registrations to L. Woodard. Ages 6-10.

Ε	Fall 1	Aley	6wks-9/12	M/Th	4:30 p-5:30 p	\$14
Ε	Fall 1	Colvin	6wks-9/7	W	4:45 p-5:45 p	\$14
Ε	Fall 1	Fairmount F	Pk5wks	F	5:00 p-5:45 p	\$14
Ε	Fall 1	Orchard	6wks	W	4:30 p-5:30 p	\$14

### Gym Floor Hockey Clinic-Indoor

Learn the fundamentals of passing, shooting and controlling the puck without being on skates. Plastic pucks and sticks will be used. Tennis shoes must be worn. Ages 6-10.

Fall 2	Edgemoor	4wks-10/18 Tu	4:30 p-5:15 p	\$12
Fall 2	Edgemoor	3wks-10/21 F	4:30 p-5:15 p	<b>\$</b> 9



#### T'S GAME TIME...

De election (NEVI)

A great opportunity for kids to take the skills learned in the prior sports clinics and put them to use in a game setting. Participants will be divided up into teams each day and will then play structured games. Must have attended the Park and Recreation Department clinic to be able to register for the class. Beginner class for ages 7-9 and intermediate for ages 10-13.

Ba	sketball					
В	Fall 1	Edgemoor	5wks-9/12	M/Th	4:30 p-5:15 p	\$24
В	Fall 2	Edgemoor	4.5wks-11/14	M/Th	4:30 p-5:15 p	\$22
L	Fall 2	Edgemoor	9wks	W	4:45 p-5:45 p	\$22
<b>Gy</b> ı	<b>m Floor</b> Fall 2	<b>Hockey</b> Edgemoor	<b>1.5</b> 4.5wks-11/15	Tu/F	4:30 p-5:15 p	\$22
So	ccer 🕮	W]				
В	Fall 1	Edgemoor	5wks-9/13	Tu/F	4:30 p-5:15 p	\$24
L	Fall 1	Edgemoor	9wks	W	4·30 n-5·30 n	\$22

#### **Indoor Soccer League**

An introductory recreational indoor soccer league. A clinic will be held the first week with instruction in soccer fundamentals and game play. Children will then be assigned to a team and will play a minimum of one game per week. Season will start September 12. Grades 3rd-5th.

E Fall 1 Evergreen 8wks M/W 4:30 p-5:45 p \$15

#### **Soccer Clinic**

Go toe to toe while learning the basics of soccer including offensive and defensive strategies. Ages 6-12.

Fall 1	Edgemoor	4wks-8/16	Tu	4:30 p-5:15 p	\$12
Fall 1	Edgemoor	4wks-8/19	F	4:30 p-5:15 p	\$12
Fall 1	Evergreen	5wks-8/13	Sa	11:00 a-12:00 p	\$17
Fall 1	L. Woodard	5wks-8/18	Th	6:30 p-7:15 p	\$14
Fall 2	Evergreen	5wks-10/21	Sa	11:00 a-12:00 p	\$17
Fall 2	L. Woodard	5wks-10/20	Th	6:30 p-7:15 p	\$14
	Fall 1 Fall 1 Fall 1 Fall 2	Fall 1 Edgemoor Fall 1 Evergreen Fall 1 L. Woodard Fall 2 Evergreen	Fall 1 Edgemoor 4wks-8/19 Fall 1 Evergreen 5wks-8/13 Fall 1 L. Woodard 5wks-8/18 Fall 2 Evergreen 5wks-10/21	Fall 1 Edgemoor 4wks-8/19 F Fall 1 Evergreen 5wks-8/13 Sa Fall 1 L. Woodard 5wks-8/18 Th Fall 2 Evergreen 5wks-10/21 Sa	Fall 1       Edgemoor       4wks-8/19       F       4:30 p-5:15 p         Fall 1       Evergreen       5wks-8/13       Sa       11:00 a-12:00 p         Fall 1       L. Woodard       5wks-8/18       Th       6:30 p-7:15 p         Fall 2       Evergreen       5wks-10/21       Sa       11:00 a-12:00 p

#### Tonnis

Serve up some fun! Learn tennis fundamentals, rules and basic tennis terminology. Ages 8-15. Edgemoor Intermediate class is for ages 10-16.

HOIC	igy. Ages o-i	J. Lugeilloui	intenneulati	ciass is	ioi ages 10-10.	
l	Fall 1	Edgemoor	4wks-8/8	M	5:30 p-6:30 p	\$20
l	Fall 1	Edgemoor	4wks-9/12	M	5:30 p-6:30 p	\$20
В	Fall 1	Edgemoor	4wks-8/9	Tu	6:00 p-7:00 p	\$20
В	Fall 1	Edgemoor	4wks-9/13	Tu	6:00 p-7:00 p	\$20
Ε	Fall 1	Evergreen	4wks-8/11	Th	6:00 p-7:00 p	\$20
Ε	Fall 1	Evergreen	4wks-9/15	Th	6:00 p-7:00 p	\$20
Ε	Fall 1	Linwood	4wks-8/9	Tu	6:00 p-7:00 p	\$20
Ε	Fall 1	Linwood	4wks-9/13	Tu	6:00 p-7:00 p	\$20
Ε	Fall 1	L. Woodard	4wks-8/11	Th	6:00 p-7:00 p	\$20
Ε	Fall 1	L. Woodard	4wks-9/15	Th	6:00 p-7:00 p	\$20
Ε	Fall 1	Orchard	4wks-8/9	Tu	6:00 p-7:00 p	\$20
Ε	Fall 1	Orchard	4wks-9/13	Tu	6:00 p-7:00 p	\$20

NO CLASSES ON SEPT. 5, NOV. 11, 24 & 25 FEES HAVE BEEN ADJUSTED ACCORDINGLY

#### **Volleyball Basics**

Get ready for your next tryout! Learn the fundamentals such as bump, set, spike & serve. Ages 9-15.

B Fall 1 L.Woodard 6wks Sa 1:30 p-2:30 p \$17

## **TUTORING**

#### **Homework Club**

Elementary and middle school students can find help with school work and support for learning at the homework club. Bring your books and your school assignments, and let our teachers and tutors help you figure out your hardest problems.

Ε	Fall 1	L. Woodard	5wks	Th	6:00 p-6:50 p	\$17
Ε	Fall 2	L. Woodard	5wks	Th	6:00 p-6:50 p	\$17

#### **Tutoring - Reading**

Do your kids need a little extra help with reading? Come join our tutoring program. Kids will enjoy comprehension programs and activities with a licensed USD 259 teacher. Ages 6-10.

Ε	Fall 1	L.Woodard	5wks	Tu	5:00 p-5:45 p	\$14
E	Fall 2	L.Woodard	5wks	Tu	5:00 p-5:45 p	\$14



#### **Tutoring- Mathematics**

It's as easy as 1-2-3! Brush up math skills with fun games and activities. Practice division, multiplication, subtraction and addition with a licensed USD 259 teacher. Ages 6-10.

Ε	Fall 1	Evergreen	5wks-9/12	М	5:15 p-6:00 p	\$14
Ε	Fall 1	L.Woodard	5wks-8/30	Tu	6:00 p-6:45 p	\$14
Е	Fall 2	Evergreen	5wks-10/17	M	5:15 p-6:00 p	\$14
Е	Fall 2	L.Woodard	5wks-10/4	Tu	6:00 p-6:45 p	\$14

### ART

#### **Scrapbook Basics**

Get started in the fun of scrapbooking! Learn about photo organization, product selection, album themes, page layout and design, plus other useful tips on scrapbook basics. Bring 15-20 photos with a related theme. Supply list will be given the first class. Ages 8-15.

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В	Fall 1	L. Woodard	5 wks	W	5:30 p-6:30 p	\$20	
В	Fall 2	L. Woodard	5 wks	W	5:30 p-6:30 p	\$20	

### SPECIAL INTEREST

#### **American Red Cross Babysitter's Training**

Train for your babysitting job. Learn first aid, injury prevention, basic child-care, rescue breathing, entertaining children & interacting with parents. Two checks required; \$85 to the American Red Cross and \$15 to Wichita Park & Rec. Bring a sack lunch. Ages 11-15.

E Fall 1 L.Woodard 8/20 Sa 9:00 a-4:30 p \$100

#### **Guitar I**

Strum your heart out! Pick up guitar basics including tuning, guitar charts, tablature and reading music. Bring guitar. Families welcome! Ages 13+.

В	Fall 1	Aley	8wks	Tu	6:30 p-7:30 p	\$32
В	Fall 1	Aley	8wks	Tu	7:30 p-8:30 p	\$32
В	Fall 2	Aley	8wks	Tu	6:30 p-7:30 p	\$32
В	Fall 2	Aley	8wks	Tu	7:30 p-8:30 p	\$32

## **SCOUT BADGES**

#### Webelos: Engineer Mill

Find out what engineers do at work, the tools they use and how their skills benefits the community.

E Fall 1 Watson 9/10 Sat 8:30 a-10:00 a \$5

#### **Webelos: Forester**

Explore the forest and study different trees and plants.

E Fall 1 Watson 8/27 Sat 8:30 a-10:00 a \$5

#### **Webelos: Naturalist**

Study living creatures and plants in Watson Park.

E Fall 1 Watson 8/27 Sat 10:15 a-10:45 a \$5

#### **Webelos: Ready Man (formerly First Aid)**

Be prepared to treat minor injuries. Learn basic first aid skills.

E Fall 1 Watson 9/13 Tu 5:00 p-6:30 p \$5

#### **Wolf: Fishing Clinic**

Bait your hook and take a fishing lesson. Families welcome.

E Fall 1 Watson 9/6 Tu 5:00 p-6:30 p \$5

## LANGUAGES

### Spanish Will

Start your child on the bi-lingual path early! Learn numbers, colors, days of the week and simple phrases. Ages 5-10.

В	Fall 1	Evergreen	8wks	W	6:30 p-7:30 p	\$3/
В	Fall 1	L.Woodard	5wks	Th	5:15 p-6:00 p	\$18
В	Fall 2	Evergreen	8wks	W	6:30 p-7:30 p	\$37
В	Fall 2	L.Woodard	5wks	Th	5:15 p-6:00 p	<b>\$18</b>

### COOKING

#### **Fun with Food**

Put on your chefs hat! Make a main dish from scratch & top it off with desert! Learn measuring, utensil use and kitchen safety. Bring 1 lb ground beef & 1 lb chicken breast the first night of class. Ages 6-12.

E Fall 1 Orchard 5wks-9/7 W 5:30 p-7:30 p \$33



#### **Get Cooking**

Learn how to make snacks that will melt in your mouth! Includes tips on kitchen safety, table settings and how to use kitchen utensils. Ages 6-9.

Ε	Fall 1	Colvin	5wks-9/14	W	6:00 p-7:00 p	\$20
Ε	Fall 1	Evergreen	5wks	W	5:30 p-6:30 p	\$20
E	Fall 1	L.Woodard	5wks	Tu	5:30 p-6:30 p	\$20
E	Fall 2	Colvin	5wks-10/19	W	6:00 p-7:00 p	\$20
E	Fall 2	Evergreen	5wks	W	5:30 p-6:30 p	\$20
E	Fall 2	L.Woodard	5wks	Tu	5:30 p-6:30 p	\$20

### SEWING

### Sewing Will

Teaches important and useful hand stitching used for everyday problems such as buttons and hem repair. Participants will make an apron. Ages 6-15.

E Fall 1 Orchard 2wks-9/17 Sa 10:00 a-12:00 p \$15

### IN-SERVICE/CAMPS

Parents don't panic, we've got you covered! Kids ages 5-13 will enjoy supervised activities on their day off from school. Children must bring lunch and a beverage. Parents must pre-register and complete required paperwork. Offered at Colvin, Edgemoor, Evergreen, Linwood and Orchard from 7am-6pm. Daily fee \$15. Check with facility on days offered.



# 13 YOUTH / TOTS

### RECREATION

#### **Family Night**

Fun for the whole family! Take advantage of organized sport games in the gym. Head to the game room to play pool, bumper pool, ping pong, air hockey, foos ball and other table games. Fee per family.

Ε	Fall 1	L. Woodard	5wks	F	5:30 p-7:00 p	\$12
Е	Fall 2	L. Woodard	5wks	F	5:30 p-7:00 p	\$12

#### **Grade School Fun Night**

Grade school kids will enjoy organized activities such as gym games, game room entertainment, arts and crafts, movies and special events. Open to grades kindergarten-5th only. Fee is for 9wks or drop-in for \$1.00 per child.

Ē	Fall 1	Edgemoor	9wks	F	6:00 p-7:30 p	\$5
E	Fall 2	Edgemoor	7wks	F	6:00 p-7:30 p	\$3

#### **Teen Night**

Middle school and high school students can participate in basketball, volleyball, various gym games, pool, and other table games. Fee is for 9 week or drop in for \$1.00.

Ε	Fall 1	Edgemoor	8wks	M	6:30 p-8:00 p	\$4
E	Fall 2	Edgemoor	9wks	M	6:30 p-8:00 p	\$5

### DANCE

#### **Ballet & Tap**

Whirl and twirl into basic ballet positions. Show us your happy feet during tap time. Intermediate class performs at a more progressive rate, requires instructor approval or previous experience. Basic class ages 3-5; Intermediate class ages 4-8.

В	Fall 1	Edgemoor	8wks	М	6:00 p-6:45 p	\$22
В	Fall 1	Edgemoor	8wks	M	6:45 p-7:30 p	\$22
D		-		IVI		
l	Fall 1	Edgemoor	8wks	M	7:30 p-8:15 p	\$22
В	Fall 1	Linwood	14wks-8/22	M	5:45 p-6:30 p	\$38
В	Fall 1	Linwood	14wks-8/22	M	6:35 p-7:20 p	\$38
l	Fall 1	Linwood	14wks-8/22	M	7:25 p-8:10 p	\$38
В	Fall 1	Linwood	14wks-8/24	W	10:00 a-10:45 a	\$38
В	Fall 1	Orchard	9wks	W	6:00 p-6:45 p	\$24
l	Fall 1	Orchard	9wks	W	7:00 p-7:45 p	\$24
В	Fall 2	Edgemoor	8wks	M	6:00 p-6:45 p	\$22
В	Fall 2	Edgemoor	8wks	M	6:45 p-7:30 p	\$22
l	Fall 2	Edgemoor	8wks	M	7:30 p-8:15 p	\$22
В	Fall 2	Orchard	8wks	W	6:00 p-6:45 p	\$22
I	Fall 2	Orchard	8wks	W	7:00 p-7:45 p	\$22
					-	

#### **Dance & Cheerleading**

Put on your dancing shoes and grab your pom pons! Learn a routine featuring Jazz, Ballet, cheers and jumps. Evergreen Wednesday class; ages 5-6. Tuesday/Thursday class; ages 3-4. Orchard classes; ages 3-5.

В	Fall 1	Evergreen	9wks	Tu	5:45 p-6:30 p	\$24
В	Fall 1	Evergreen	_	W	5:45 p-6:30 p	\$22
I	Fall 1	Evergreen	9wks	Th	5:45 p-6:30 p	\$24
В	Fall 1	Orchard	9wks	Th	5:30 p-6:15 p	\$24

#### **Dance & Cheerleading continued**

В	Fall 2	Evergreen	9wks	Tu	5:45 p-6:30 p	\$24	
В	Fall 2	Evergreen	8wks	W	5:45 p-6:30 p	\$22	
	Fall 2	Evergreen	9wks	Th	5:45 p-6:30 p	\$24	
В	Fall 2	Orchard	8wks	Th	5:30 p-6:15 p	\$22	

## YOGA

### **Baby Itsy Bitsy Yoga**

Learn unique yoga postures and songs to support baby's development, digestion, sleep and calm a fussy baby. Parents also practice a bit of yoga. Bring a baby blanket and small toy. Ages 4wks to nearly crawling.

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Ε	Fall 1	Orchard	6wks	Th	9:15 a-10:15 a	\$35
Ε	Fall 2	Orchard	6wks	Th	9:15 a-10:15 a	\$35

### Itsy Bitsy Yoga

Through song and movement, this class offers a supportive and fun-loving yoga experience for parent and child. Supports body awareness and development, provides a healthy way of releasing frustration, nurtures self esteem and creativity, and helps to increase attention span. Active crawling - 2vrs old.

		9 ,				
Ε	Fall 1	Orchard	6wks	Th	10:30 a-11:30 a	\$35
Ε	Fall 2	Orchard	6wks	Th	10:30 a-11:30 a	\$35



## **SPORTS**

#### **Basketball**

Nothing but net! Learn to dribble, pass and shoot. Ages 4 -5.

Ε	Fall 1	Boston	4wks	M	5:00 p-5:45 p	\$12
Ε	Fall 1	Edgemoor	3wks-8/15	M	3:30 p-4:15 p	\$9
Ε	Fall 1	Edgemoor	4wks-8/18	Th	3:30 p-4:15 p	\$12
Ε	Fall 1	L. Woodard	5wks	Tu	5:30 p-6:15 p	\$14
Ε	Fall 1	L. Woodard	5wks	Sa	11:30 a-12:15 p	\$14
E	Fall 2	Boston	5wks	M	5:00 p-5:45 p	\$12
E	Fall 2	Edgemoor	4wks-10/17	M	3:30 p-4:15 p	\$12
E	Fall 2	Edgemoor	4wks-10/20	Th	3:30 p-4:15 p	\$12
E	Fall 2	L. Woodard	5wks	Tu	5:30 p-6:15 p	\$14
E	Fall 2	L. Woodard	5wks	Sa	11:30 a-12:15 p	\$14

#### Cheerleading

Rah! Rah! Rah! Yell your heart out while learning jumps and cheers. This class is a blast for tiny cheerleaders! Ages 3-5

class is a blast for any effective action riges by st						
Ε	Fall 1	Aley	8wks	W	5:45 p-6:30 p	\$22
Ε	Fall 2	Aley	8wks	W	5:45 p-6:30 p	\$22

#### Flag Football

Are you ready for some football? Learn the basics the first week and then it's game time! Meet at Fairmount Park, 3500 E. 15th Street North. Mail registrations to Lynette Woodard, Ages 4-5.

_		L. Woodard			5:00 p-5:45 p	\$14
E	Fall 2	L. Woodard	5wks	Th	5:00 p-5:45 p	\$14

#### **Gym Floor Hockey Clinic**

Instruction in basic skills of floor hockey, along with team play through modified games will be taught. Plastic pucks and sticks will be used. Tennis shoes must be worn. Ages 3-5.

Fall 2 Edgemoor 3wks-10/	21 F	3:30 p-4:15 p	\$9
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#### **Football Clinic - Indoors**

Ready, set, hike! Learn all the fundamentals of football in this basic clinic class. Players will learn passing techniques and master throwing along with the rules of football. Ages 3-5.

Ε	Fall 1	Boston	4wks	Tu	4:45 p-5:45 p	\$12
Ε	Fall 2	Boston	4wks	Tu	4:45 p-5:45 p	\$12

#### IT'S GAME TIME...

A great opportunity for kids to take the skills learned in the prior sports clinics and put them to use in a game setting. Participants will be divided up into teams each day and then play structured games. Must have attended the Park and Rec. Dept. clinic before registering for the class. Ages 4-6.

#### **Basketball**

В	Fall 2	Edgemoor	5wks-11/14 M/Th	3:30 p-4:15 p 3:30 p-4:15 p	\$24 \$22
		r <b>Hockey</b> Edgemoor	5wks-11/15 T/F	3:30 p-4:15 p	\$22
ln B	door So Fall 1	Edgemoor	5wks-9/13 Tu/F	3:30 p-4:15 p	\$24

#### **Soccer Clinic**

Dribble 'til you drop! Class teaches fundamental soccer skills and team play through modified indoor games. Ages 4-5.

Ε	Fall 1	Boston	4wks-9/19	Μ	5:00 p-5:45 p	\$12
Ε	Fall 1	Edgemoor	4wks	Tu	3:30 p-4:15 p	\$12
Ε	Fall 1	Edgemoor	4wks	F	3:30 p-4:15 p	\$12
Ε	Fall 1	L. Woodard	5wks	W	5:00 p-5:45 p	\$14
Ε	Fall 2	Boston	4wks-11/21	M	5:00 p-5:45 p	\$12
Ε	Fall 2	L. Woodard	5wks	W	5:00 p-5:45 p	\$14

Hit the court! Learn basic grips and how to swing the racket properly while doing exciting drills Ages 1-5

uon	ig exciting u	illis. Ayes 4-3				
Ε	Fall 1	Edgemoor	4wks-8/9	Tu	5:30 p-6:00 p	\$12
Ε	Fall 1	Edgemoor	4wks-9/13	Tu	5:30 p-6:00 p	\$12
Ε	Fall 1	Evergreen	4wks-8/11	Th	5:30 p-6:00 p	\$12
Ε	Fall 1	Evergreen	4wks-9/15	Th	5:30 p-6:00 p	\$12
Ε	Fall 1	Linwood	4wks-8/9	Tu	5:30 p-6:00 p	\$12
Ε	Fall 1	Linwood	4wks-9/13	Tu	5:30 p-6:00 p	\$12
Ε	Fall 1	L. Woodard	4wks-8/11	Th	5:30 p-6:00 p	\$12
Ε	Fall 1	L. Woodard	4wks-9/15	Th	5:30 p-6:00 p	\$12
Ε	Fall 1	Orchard	4wks-8/9	Tu	5:30 p-6:00 p	\$12
Ε	Fall 1	Orchard	4wks-9/13	Tu	5:30 p-6:00 p	\$12

#### **Tiny Tumblers**

Roll out the good times! Tots will use mats and a small balance beam to learn basic tumbling skills, gain flexibility, strength, balance and coordination. Ages 3-5.

Fall 1	Evergreen	8wks	Sa	10:00 a-10:50 a	\$22
Fall 1	Linwood	8wks	M	5:00 p-5:45 p	\$22
Fall 1	Linwood	8wks	M	5:50 p-6:35 p	\$22
Fall 1	Orchard	8wks	M	5:00 p-5:45 p	\$22
Fall 1	Orchard	8wks	W	5:00 p-5:45 p	\$22
Fall 2	Evergreen	8wks	Sa	10:00 a-10:50 a	\$22
Fall 2	Linwood	8wks	M	5:00 p-5:45 p	\$22
Fall 2	Linwood	8wks	M	5:50 p-6:35 p	\$22
Fall 2	Orchard	8wks	M	5:00 p-5:45 p	\$22
Fall 2	Orchard	8wks	W	5:00 p-5:45 p	\$22

#### Wiffle T-Ball - Indoors

Learn fundamentals such as throwing, running the bases and hitting. Plastic bat and plastic balls are used. Ages 3-5.

Ε	Fall 1	Boston	4wks-9/21 Th	4:45 p-5:45 p	\$12
Ε	Fall 2	Boston	4wks-11/24 Th	4:45 p-5:45 p	\$12

### SPECIAL INTEREST

#### Baby Sign Language

This simple approach to learning early communication reduces frustration and helps toddlers learn to talk while strengthening the parent-child bond. Up to age 3 allowed or adult may take the class by themselves.

E.	Fall 1	Evergreen	8wks	Th	6:30 p-7:30 p	\$37
Ε	Fall 2	Evergreen	8wks	Th	6:30 p-7:30 p	\$37

#### Fall Festival for Grandparents & Grandkids

Grandparents, bring your grandkids to decorate pumpkins and enjoy a hayrack ride through scenic Watson Park. The grand finale for the one day event is a wiener roast over the campfire. Fee is per grandparent. Ages 3+ E Fall 1 Watson 10/22 4:00 p-6:00 p \$13

### **Little Artists**

Calling all little Picassos! Create art using crayons, paints, clay and other mediums. Make a new project each class. Ages 3-5.

Ε	Fall 1	Linwood	5wks-8/25	Ťh	1:30 p-2:30 p	\$20
Ε	Fall 2	Linwood	5wks-10/20	Th	1:30 p-2:30 p	\$20

#### **Little Chefs**

Cook up a treat! Make (and eat) some yummy snacks and learn kitchen etiquette, Ages 3-5.

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Ε	Fall 1	L. Woodard	5wks	M	5:00 p-5:45 p	\$18
Ε	Fall 1	L. Woodard	5 wks	W	5:00 p-5:45 p	\$18
Ε	Fall 1	L. Woodard	5 wks	F	12:00 p-12:45 p	\$18

#### **Playtime for Toddlers**

No playbook needed! Tots will thrive with unstructured time that allows them to run, jump and play with other kids. Toys, scooters, playground balls and other equipment are available. Daily drop-in fee is per child; parent free. Parent supervision required, up to age 5

E	Fall 1&2	Boston	9wks	M-F	10:30 a-12:30 p	\$1/visit
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## RALPH WULZ RIVERSIDE TENNIS CENTER

**Wichita's Premier Public Tennis Facility** 551 Nims 337-9257

#### **AMENITIES**

- State-of-the-art lighting
- Ten newly resurfaced outdoor courts
- Three indoor courts for year-round play
- Full-service pro shop

#### **COURT RATES**

Courts may be reserved in advanced by using a Visa or Mastercard debit/credit card. Memberships are available which include discounted court rates and lesson discounts.

Indoor \$16/hr reserve up to 3 days in advance \$4/hr reserve up to 3 days in advance Outdoor

#### **PRIVATE LESSON RATES**

(Call for additional private/group rates)

Director of Tennis: **Staff Professionals:** Private: \$40/hr Private: \$30/hr Semi-Private: \$48/hr Semi-Private: \$36/hr

#### **JUNIOR GROUP LESSONS**

All participants in the Junior program are grouped by ability and must register by the session which runs four weeks.

Pee Wee	Mon	5:30-6:30pm	Ages 4-8	\$32
Beginner	Mon/Fri	6:30-7:30pm	Ages 8-18	\$64
Intermediate	Wed/Fri	5:30-6:30pm	Ages 8-18	\$64
Tournament	Tue/Thu	5:30-6:30pm	Ages 10-18	\$64
Advanced	Tue/Thu	6:30-7:30pm	Ages 14-18	\$64

#### **Session Dates:**

August 8-September 2 September 5-3 October 3-28 October 31-November 25 November 28-December 23



#### **HOURS OF OPERATION**

**Monday-Thursday** 8:00 am-9:30 pm Friday 8:00 am-8:00 pm Saturday 8:00 am-6:00 pm 11:00 am-7:30 pm Sunday

#### **ADULT GROUP LESSONS**

Beginner Drill: Learn the basics with emphasis on stroke production and a brief introduction on point play. Sunday 1:00-2:30 pm \$12 per day

Intermediate Drill: For players who understand technique, but need strategical guidance. The first half is spent on stroke production. The second half of class is point play with an emphasis on doubles strategy.

Wednesday 6:30-7:30 pm \$8 per day

**All Level Drill:** Designed to get the heart rate up while focusing on doubles strategy. Basic understanding of stroke production and ability to sustain a rally is required.

Saturday 9:00-10:30 am \$12 per day

#### **ADULT OUTDOOR LEAGUE PLAY**

Co-Ed drop-in Doubles: Come early to get your name on the list and staff will match you up with a group of compatible players for a night of round-robin doubles. Open to NTRP 2.5-5.0. Monday 6:30-8:30 pm \$3 per day

Men's Singles: Open to men 18+ with an NTRP of 2.5-5.0 and above. Weekly pre-set matches.

Tuesday 6:30-8:00pm \$24 Aug. 2-23 Tuesday 6:30-8:00pm \$24 Sept. 6-2

Men's Doubles: Open to men with a National Tennis Rating Program (NTRP) of 2.5-5.0 and above. Program is run with preset weekly matches for round robin doubles play.

Thursday 6:30-8:00 pm \$16 Aug. 4-25 Thursday 6:30-8:00 pm \$16 Sept. 8-29

#### **ADULT INDOOR LEAGUE PLAY**

**Men's 4.0-5.0 Doubles:** Open to men with a National Tennis Rating Program (NTRP) of 4.0-5.0. Court assignments are preset for round robin play.

Tuesday 7:30-9:00 pm \$56 Oct. 4-Nov. 22 Tuesday 7:30-9:00pm \$32 Nov. 29-Dec. 20

Men's 2.5-4.0 Doubles: Open to men with a National Tennis Rating Program (NTRP) of 2.5-4.0. Court assignments are preset for round robin play.

Thursday 7:30-9:00 pm \$56 Oct. 6-Nov. 1 Thursday 7:30-9:00pm \$32 Dec. 1-Dec. 2

### **Great Plains Nature Center**

6232 East 29th North Wichita, KS 67220 • 316-683-5499



Monday-Saturday, 9 a.m. to 5 p.m. To register for GPNC programs, please register in person or go to gpnc.org.

#### **Summertime Stories**

(FREE; Registration not required)

Join us inside the cool Great Plains Nature Center's lobby for story time. Mostly for little ones, but everyone is welcome. Every Wednesday, 11 am ending August 31.

#### **Senior Wednesday**

(FREE; Registration not required)

Join Bob Gress as he presents "Ecuador Birds." Discussion will consist of the natural history of the Ecuador region, which has four times the number of bird species as Kansas. Bob will also introduce his new book Birds of Kansas. Refreshments will be served.

For active seniors. August 31, 10am

#### **Nature Journals For Kids**

(Fee: \$30 members, \$35 non-members) Students will create a journal using basic sketching techniques and variety of media, including graphite pencil, colored pencil, marker and watercolor. Instructed by artist Alice Picado. Ages 9-12. Saturdays, August 6 & 13, 1 - 2:30 pm

#### **Introduction to Plein Air Painting with Watercolor**

(Fee: \$30 members, \$35 non-members)

Join outdoor landscape artist, Alice Picado, as she teaches the finer points of plein air painting, which is French for painting outdoors. Ages 13-17

Saturdays, August 6 & 13, 9-11:30 am



#### Take a Hike

Saturday, October 1

9-11 am

Enjoy the great outdoors and "Take a Hike" with the Sierra Club, American Hiking Society, and the Great Plains Nature Center. As you hike along the trails of the Chisholm Creek Park, don't forget to register for prizes donated by the American Hiking Society! No pets allowed on nature trails. A free event for all ages.

#### **Art on the Trail**

Saturday, October 8

10am – 3pm

The Great Plains Nature Center's 2011 Art on the Trail event will feature plein air artists (painting outdoors) as they work along the trails of Chisholm Creek Park. Refreshments will be served. Groups welcome. For all ages.



### **LEARN TO ROW**

A cooperative partnership with the Wichita Rowing Association. Call 268-4361 to register or mail registration to Wichita Park & Rec, 455 N. Main – 11th floor, Wichita, KS 67202. Register at least one week prior to first class. For more information visit wichitarowing.org.

#### **Introduction to Rowing Class**

Now's your chance to learn about rowing! Take this 3-hour introductory class. The lesson starts off in the classroom and later moves onto the Arkansas River (conditions permitting) where students will practice with experienced rowers. Maximum 10 students. Meet at Park Villa Shelter building, 1029 Bitting.

\$19 Fee: Dates: August 27

#### **Sculling**

Learn to row a sculling boat in five classes. Course includes an introduction to rowing, terminology and boat identification. Proper form and techniques are demonstrated and practiced prior to actually rowing on the Arkansas River. Maximum 6 students. Meet at Ralph Wulz Riverside Tennis Center at the west side of the handball courts.

\$79 (for a total of 12 hours of instruction)

August 5, 6, 8, 10, 13 Dates:

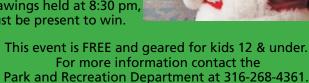
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**Century II Exhibition Hall** Tuesday, December 6, 6-9 pm

 Tree lighting ceremony on Kennedy Plaza at 6 pm.

- Indoor activities include, carnival games, face painting, prizes, & more beginning at 6:30 pm.
- Photo's with Santa (may be purchased).
- Sign up to win a fully decorated live Christmas tree or a bicycle. Drawings held at 8:30 pm must be present to win.





Ryan Woodward Memorial Skate Event Fundraiser for City Skate Parks skate4ryan.org

Saturday, Sept. 24th • 10am - 4pm Edgemoor Skate Park, 5815 E. 9th Street

Three levels of competition, prizes awarded to top three winners per level: **Beginners: up to age 12** 

Intermediate: ages 13-17 Advanced: ages 18 and up

Pre-register: Endless Ride Skate Shop Towne East & Town West (quest services booth)

Register by:

Sept. 18 - \$10 per skater Sept. 24- \$15 per skater

## THE THINGS THEY CARRIED

**The Big Read Special Event** Saturday, October 15, **Orchard Recreation Center** 1pm-4pm

A hands-on experience with military equipment & personal items!

**Touch** a Thompson M1A1, Browning 30-caliber with tri-pod along with other small arms.

Wear a Mae West vest, WWII steel pot helmet, back-pack parachute, cartridge belt, haversack and more.

local military re-enactors from the French & Indian War, Revolutionary War, Civil War, WWI and WWII & Vietnam to answer your questions

The Wichita Public Library was selected to host The Big Read for the fourth consecutive year. You're encouraged to read The Things They Carried, Oct. 1 - Nov. 15 & participate in additional The Big Read activities.

The Big Read is an initiative of the National Endowment for the Arts in partnership with the Institute of Museum, Library Services and Arts Midwest



ful City USA" at the 3rd Annual Wichita Play Day at O.J. Watson Park. This afternoon of old-fashion fun is for all ages and includes activities such as train rides, horseshoes, kayak & canoe rides, hula hoops, face painting, and much more! This free family event celebrates the importance of family fun and taking time to PLAY!

Hosted and sponsored by the Wichita Park & Recreation Department and the Wichita Play Commission.

# skate parks



#### **Aley Skate Park** 1803 S. Seneca

- Beginner to Intermediate levels
- Long concrete straight-away for an "endless ride"
- Combination of steel & concrete elements which include: 3-quarter pipes, bank rank, jump box, 3-handrails, 2-bumps, ledge, wedge, and stairs

#### **Orchard Skate Park** 4808 W. 9th

- Beginner level (mini skate park)
- Concrete surface

**SKATE RENTAL** 

WITH ADMISSION

EXPIRES DEC. 16th 2011

PRESENT COUPON AT

TIME OF RENTAL

• Steel modular elements including: 3-sided corner pyramid, ollie box; arch rail slide, quarter pipe and spine ramp.

#### **Rvan Woodward Memorial Skate Park** 5815 E. 9th (Edgemoor Park)

- Beginner to Intermediate levels
- Elevated concrete transitioned skate surface
- · Steel modular elements including: 4-Quarter Pipes, 4-Grind Rails, 1-Half Pipes, 1-jump box, 2-skate benches

#### **Wichita Skate Park** 645 S. St. Francis (under Kellogg Freeway)

- Intermediate to Expert levels (largest skate park)
- Entire concrete landscape is 100% skateable
- 3 concrete bowls including deep 9' Pro bowl & 5' Beginner bowl
- Street course fun boxes. 4-ramps, stairs, handrails and ledges

## ARSON CANINE ASHLEY'S MEMORIAL DOG PARK

2400 E. MacArthur

Arson Canine Ashley's Memorial Dog Park is located in Chapin Park and is a doggy delight! There's plenty of open space and features include shade structures, doggy doo bags, park benches and time out areas. Plus, dogs love the drinking fountains designed just for them.

Two fenced in areas allow dogs to be separated by size. Dogs 25 lbs. or less have 2 acres of space and those over 25 lbs. have 7 acres.

An additional dog park is planned for Meridian Park (south of 21st St., west of Meridian). The design is being finalized and the new dog park is expected to be under construction by fall.



### O. J. WATSON PARK

3022 S. McLean Blvd. 316-529-9940

This 119-acre park with 40 acres of water, provides a rustic setting for fishing and picnicking. Unique amenities include; pony, train and paddle boat rides along with an 18-hole miniature golf course. The park also has sand volleyball courts, a campfire circle and more than 100 picnic tables.

- Bait is available at the concession facility.
- Kansas Fishing license required.

#### FALL SCHEDULE PARK HOURS Aug. 1 – Sept. 30 Daily 8am – 10pm

M- F 8am – 5pm M-F Rides Closed

Oct. 1 - Oct. 31 Sat.-Sun. 8am – 10pm Sat.-Sun. Noon - Dark

> Daily 8am – 4pm Rides closed for season

RIDE HOURS

Sat.-Sun. Noon – 8pm

M-F 5-8pm

Nov. 1 - Dec. 31

OLYMPIC AND NHL SIZE RINKS

505 West Maple, Wichita, KS 67213

Public skating - special group rates available **S**KATING AND HOCKEY LESSONS

(316) 337-9199

- ADULT HOCKEY LEAGUES
- PARTY PACKAGES

WICHITA ICE CENTER

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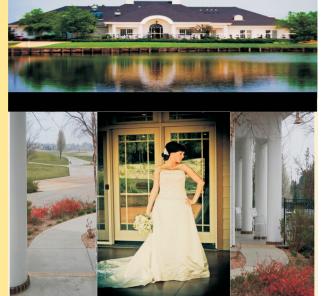


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green fee
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